

ART THERAPY

SPECIAL PROJECTS



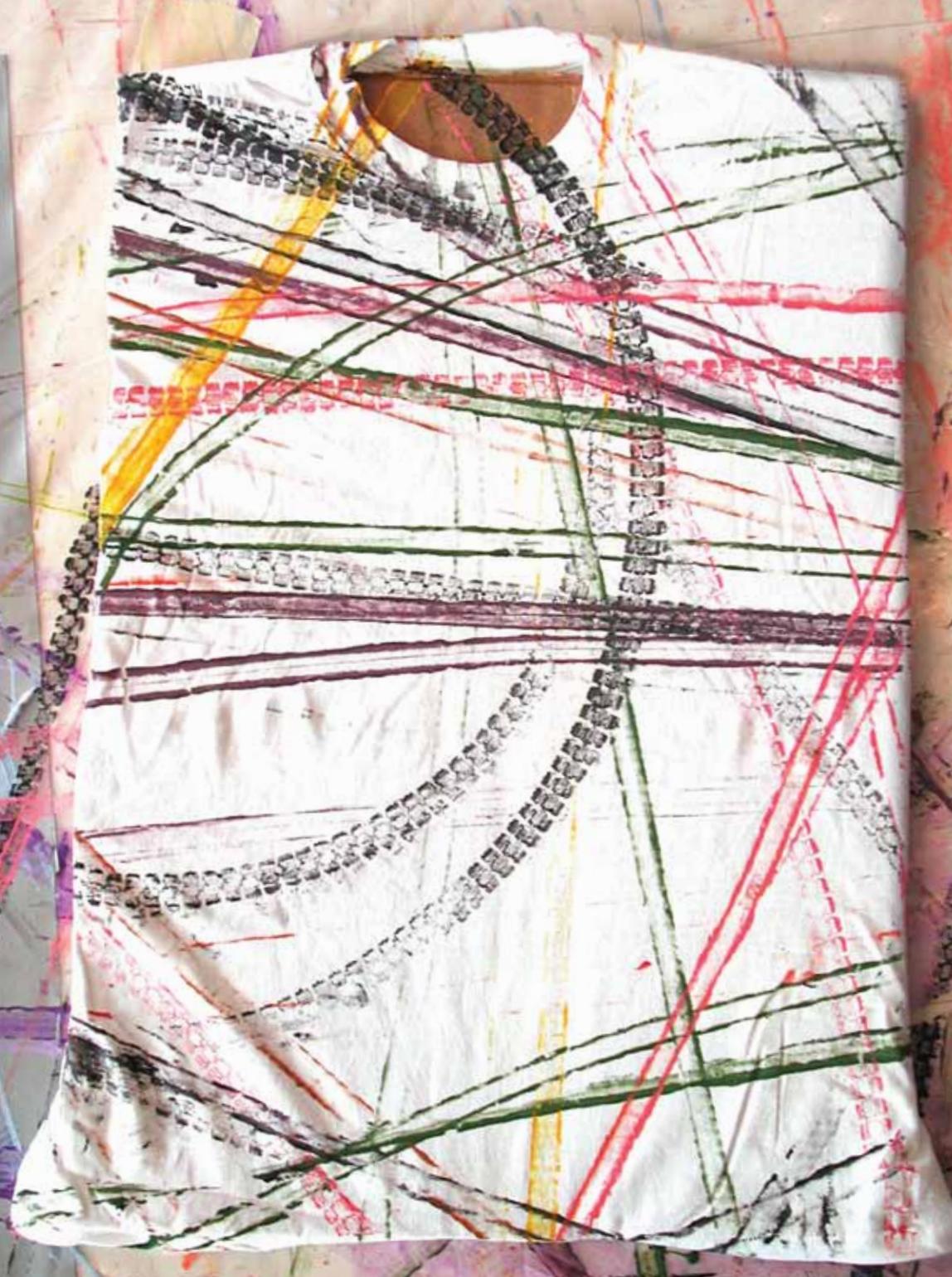
School of VISUAL ARTS



ART THERAPY is a specialized way of using the power of the creative process as a vehicle for healing, communication, self-expression and personal growth. It is a method of treatment in which art and psychology are uniquely combined to explore the experiences of an individual or group.

Art therapy can be used in any setting and with any population or age group. Most commonly, art therapy is utilized in hospitals, schools, community centers, correctional facilities, social service agencies, treatment centers and private practice. The use of art therapy is effective with children, adolescents, adults and seniors.

It is a powerful means by which an individual can give visual shape to thoughts, feelings and experience.



School of Visual Arts Art Therapy Department

Through the use of therapeutic art experiences, emotional and/or learning skills can be developed. This innovative profession provides valuable contributions to the well-being of children, teens, adults, couples and families in such settings as social service agencies, hospitals, institutions, schools, correctional facilities, treatment centers and private practices.

The Master of Professional Studies (MPS) program in Art Therapy offers comprehensive training in art therapy principals and practices, studio art, clinical counseling skills, and contemporary theories of psychological development and creativity. Essential to this program is its foundation in Humanistic Psychology and its belief that the therapist and client work together and can affect each other's growth and development.





“Make Your Mark With Art” Wheelchair Mural, Bellevue Hospital Center

“I’m still lingering in the afterglow of the exceptional project at Bellevue. I want to be sure you know that I am continually impressed by the caliber and enthusiasm of the SVA students.

It is a professional and personal pleasure to work with the students on such enriching experiences. The Bellevue art project was tremendously uplifting for all the patients who participated and gratifying for me.”

Irene Rosner David, PhD, ATR-BC
Director, Activity Therapy
Bellevue Hospital Center

Art Therapy Special Projects

Special Projects are a distinctive element of the Art Therapy Department, as they afford students additional opportunity to work with clients outside of their internship experience. Special Projects are innovative short-term art therapy experiences facilitated by students and a board certified art therapist. Students learn to create client-specific directives, encourage community partnership and assess project objectives and results. Special Projects are facilitated with a wide range of client populations, in such venues as social-service agencies, healthcare facilities, community centers, schools, corporations and alternative sites.

“SVA has always subscribed to the belief that an institution that considers itself a strong member of the community bears a responsibility for giving something back to that community, acting as a force for positive social change.”

—SVA Annual—



The Goals of Special Projects

- To provide additional field experience and diverse client contact to students
- To promote community partnership and collaboration
- To introduce the benefits of art therapy to programs and populations unfamiliar with its use
- To educate institutions, agencies, funders and the public about the extensive applications of art therapy
- To provide creative and therapeutic opportunities for social interaction, communication, expression and emotional development
- To establish partnerships with new organizations that will generate future placements, resources and employment for students
- To promote SVA's Master's Program in Art Therapy

For Further Information:

Contact: **Valerie Sereno**, M.A., ATR-BC, LCAT
Coordinator, Special Programs and Projects
209 East 23 Street, New York, NY 10010-3994
Tel: 212.592.2419
E-mail: arttherapy@sva.edu
www.sva.edu

SVA Art Therapy Special Projects:

Art For America Benefit

Tile Mural Project with survivors of 9/11-collaboration with September Space

Art For America Benefit

Youth-at-Risk for delinquent behavior working with Legal Aid Society

Bellevue Hospital: Adult Rehabilitation Unit

Make Your Mark with Art–Wheelchair Mural Painting Workshop

Bowery Residents' Committee. Inc.

Chemical Dependency Crisis Center

Catherine McCauley High School

After-school girls' art program

Chelton Loft

FEDCAP Rehabilitation Services for mentally ill adults

Children's Museum of Manhattan

After-school group with special needs population

Cooke Center Academy

Special needs children

F.A.C.E.S. (Fight Against Childhood Epilepsy & Seizures)

Mural Workshop Series for Children with Epilepsy and their Families

FECS

Adults with mental illness

Foster Pride

Deaf teens in foster care

The Foundling Hospital

Adolescents who are pregnant or parenting in foster care

Friends of Island Academy

Program for youth who have been incarcerated

Gilda's Club New York City

Family members or individuals living with cancer

GMHC

Men with HIV and substance abuse

Green Chimneys

LGBTQ youth

HAI (Hospital Audiences, Inc.)

Saturday studio for participants from mental health programs

Hudson Guild

Multi-service community based organization

Inwood House

Teen pregnancy program

Jewish Guild for the Blind

Pre-school program for visually impaired children

Jewish Board of Family and Children Services, Inc. Montague Day Treatment Program

Adolescent girls

John Jay High School: Summer Bridge Program

Youth workshops
Teen Mother's day workshop
Staff development

Lenox Hill Neighborhood House: Community Center for Children and Families

Single parent groups
Exploring parenting groups
Father's group
Women's group
Children's life skills group
Intergenerational groups

Lower East Side Harm Reduction Center

Non-profit whose mission is to reduce the spread of HIV among drug users

Men Coping with Grief

Loss of either a partner, spouse or sibling

Methadone Clinic

Day treatment program for substance abuse

Museum of Modern Art

Community access program working with the developmentally disabled

Museum School

Introducing art therapy to students

New York Presbyterian Hospital

Working with family members whose children are hospitalized

NYU Hospital for Joint Disease

Pediatric population

NYU Medical Center Group

Psychosocial group for teens with cancer and blood disorders Phototherapy at Rusk Institute—adult rehabilitation unit

Parkside School of Visual Arts

Children on the autism spectrum

Polytechnic Institute

Workshop with honor students

Project ORE Educational Alliance

Day treatment program for homeless or isolated congregation at Emunath Israel

Rebuilding Hope One Block at a Time

NYC community block project in response to 9/11

Rivington House

Program for HIV/AIDS patients

Ronald McDonald House

Children with cancer and their families

Rubin Museum/District75

Collaboration with special needs district

S.M.A.R.T. Expo at Madison

Square Garden

Beyond Words: The Art of Mask-Making for Junior Achievement of New York

Stein Senior Center

60+ adults creativity workshop

St. Vincent's Rape Crisis Center

Women survivor support group

The Door

Adolescent Workshop

The Lesbian, Gay, Bisexual & Transgender Community Center

Youth enrichment services

Urban Assembly Academy of Government and Law

High school program

VA Hospital Psycho-Social Club

Veterans who are members of a day program

Village Care

AIDS day treatment program

Westside Federation

Adults in long term residential facility

Whitney Museum/District75

Collaboration with special needs district and museum

Women In Need Shelter

Helps both women and men find employment and housing

Women's Veteran Program

On-going support group

YWCA

Workshop for women's employment class

