



Student Health & Counseling Services

Thank you for your e-mail. This is an auto-reply message. If the following information does not address your questions, we will respond to your inquiry with a personalized message within 1-2 business days.

Emotional support after hours

If you are in need of emotional support after SVA's office hours, you can text **HOME** to **741-741** (www.crisistextline.org) or text **WELL** to **65173** ([NYC WELL](#)) or call **1-888-NYC-WELL** to speak with someone 24 hours a day, 7 days a week, confidential.

SVA Student Health Form

This form is required of all incoming students in order to register for classes. New York State requires proof of 2 Measles vaccinations, 1 Mumps vaccination and 1 Rubella vaccination (or 2 MMRs), given at least 12 months after a student's 1st birthday. A blood test (Step 2, Section C) may be taken if a student cannot find vaccinations. Other exemptions may apply (*please review the directions on page 2 of the form*).

[Download the SVA Student Health Form](#)

Medical services are **not** available at SVA

Please review the [Map of Medical Facilities](#) for a list of Urgent Walk-In clinics.

All students are automatically enrolled-in and billed for the SVA-sponsored health insurance plan, **Cigna PPO**. NOTE: This plan is an accidental injury and sickness plan; it does not include Dental and Vision. [Instructions on how to download your insurance card](#).

[Download your health insurance card](#)

Missed Waiver Appeal - Health Insurance Fee

Students that have their own comparable health insurance plan but missed the **Spring 2018** Insurance Fee Waiver deadline may file for a one-time appeal for consideration - please review and complete the [Online Waiver Form](#) by April 6, 2018 (it is too late to remove the Fall 2017 insurance fee).

Prevent the flu

Show your health insurance card to get a free flu shot. Review prevention tips and flu shot locations at this [link](#).

212.592.2246 health@sva.edu Monday-Friday 9 am-5 pm

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