

## MENTAL HEALTH CENTERS

<b>*Blanton-Peale Institute</b>	7 W. 30th Street, 9th Floor New York, NY 10010	(212)725-7850	<b>Medicaid, managed care plans, Aetna, BC/BS, Cigna, United, Oxford, Emblem, Multiplan, Optum;</b> for uninsured \$75/intake, \$90/psych evaluation, \$55/psychotherapy, \$35/med management Initial intake appointment is w/therapist, at the end of session they will schedule psych eval w/ psychiatrist if medication is needed (Other languages Thai, Spanish, Korean)
<b>*Brooklyn Center for Psychotherapy</b>	300 Flatbush Avenue Brooklyn, NY 11217	(718)622-2000	<b>Medicaid, managed care plans, Aetna, BC/BS, GHI, HIP, Value Options, 1199,</b> Sliding scale available; individual therapy and medication management, also offers substance abuse program
<b>CBT/DBT Associates</b>	501 Madison Avenue New York, NY 10022	(212)546-9200	No insurance accepted; Comprehensive DBT program offers individual therapy, group therapy, and phone coaching
<b>*CCM/McMurray Clinic</b>	115 W. 31st Street, 5th Fl. New York, NY 10010	(718)802-0666	<b>Medicaid and all managed care plans;</b> for uninsured, \$35/session for therapy and medication management; request Manhattan location when calling to schedule intake; Manhattan clinic # 212-564-6006
<b>Institute for Contemporary Psychotherapy</b>	1841 Broadway (60th St.) New York, NY 10023	(212)333-3444	<b>Emblem, HIP, Oscar, Healthfirst;</b> Sliding scale, average \$60/session; General mental health, eating disorders, LGBTQ, trauma
<b>*Postgraduate Center for Mental Health</b>	71 W. 23rd Street New York, NY 10010	(212)576-4195	<b>Healthfirst, Medicaid, Medicare GHI/HIP ValueOptions;</b> individual, family, and group psychotherapy as well as medication management
<b>Psychoanalytic Psychotherapy Study Center</b>	80 Fifth Avenue, Suite 903A New York, NY 10011	(212)633-9162	All therapists accept <b>Aetna</b> , other insurance varies by therapist; sliding scale available; primarily psychodynamic, no psychiatrist on site. Korean speaking therapists available
<b>*Ryan NENA Center</b>	279 E. 3rd Street New York, NY 10009	(212)477-8519	<b>Medicaid and managed care plans, Aetna, BC/BS, Cigna, Magnacare, 1199, ADAP;</b> Medical and mental health services; benefits enrollment offered as a free service for those that may be eligible for Medicaid; also offers STD/HIV testing (Other languages Spanish, Chinese)
<b>The Center for Modern Psychoanalytic Studies</b>	16 W. 10th Street New York, NY 10011	(212)228-6036	No insurance accepted; \$40/intake, \$10-50/session afterwards (Other languages Spanish, Russian, Chinese, Farsi)
<b>*The Fifth Avenue Counseling Center</b>	50 W. 23rd Street New York, NY 10010	(212)989-2990	<b>Medicaid and managed care, Aetna, BC/BS, United, Oxford, GHI, HIP;</b> Sliding scale \$60+/session; individual therapy as well as medication management as needed; phone screening is done first; Please advise the front desk that you have been referred by SVA.
<b>*Therapy Center of New York</b>	200 W. 33rd Street New York, NY 10016	(212)725-0192	All providers accept <b>UHC</b> , other insurance varies by provider including <b>Aetna, BC/BS, Cigna, Oxford, Empire Plan;</b> group practice with therapists and psychiatrists, call for intake and they will verify insurance coverage
<b>Training Institute for Mental Health</b>	115 W. 27th Street, 4th Floor New York, NY 10001	(212)627-8181	<b>ValueOptions;</b> \$30/intake, then sliding scale fee
<b>Washington Square Institute</b>	31 E. 11th Street New York, NY 10003	(212)477-2600	<b>Aetna, Emblem, GHI, CHCS, MVP, ValueOptions;</b> Sliding scale starts at \$60/session

# THERAPISTS (Manhattan)

<b>Laurice Adams, MA, LCAT</b>	1115 Broadway, 11th floor New York, NY 10010	(917)544-2867	<b>SVA Cigna</b> , sliding scale; Former SVA therapist; college students, artists, depression, anxiety, trauma, cultural issues, identity, body image, relationship issues, parenting issues
<b>Nancy Alexander, LCSW-R</b>	37 W. 72nd Street, Suite 1West, Office #2 New York, NY 10023	(347)201-1924	<b>BC/BS</b> , out of network for other insurance plans; sliding scale for students; ADD/ADHD, Depression, anxiety, relationship issues, self-esteem, communication skills, self-defeating choices and behavior patterns, family issues.
<b>Ellen Arfin, LCSW</b>	26 W. 9th Street, Suite 5B New York, NY 10011	(212)989-7080	<b>BC/BS, SVA Cigna, ValueOptions</b> ; Art students, anxiety, depression, life transitions; Psychology instructor at SVA; has additional location in Maplewood, NJ
<b>Mark Beauregard, RDT, LCAT</b>	80 E. 11th Street, Suite 301C New York, NY 10003	(917)204-2846	<b>Cigna</b> ; student fee \$65-100/session; Gender/sexuality, depression, anxiety; <a href="http://markbeauregard.com">markbeauregard.com</a>
<b>Lisa Bengler, LCSW-R</b>	138 W. 25th Street, Fl. 6 Suite 3 New York, NY 10001	(347)831-4148	<b>Medicare</b> ; sliding scale \$85+/session; Artists, depression, anxiety, eating disorders, relationship issues, separation from family, trained in DBT. Additional location in Brooklyn. <a href="http://lisabengler.com">lisabengler.com</a>
<b>Kevin Braga, LCSW</b>	19 W. 34th Street, PH floor New York, NY 10001	(646)480-6670	<b>Cigna, SVA Cigna</b> , sliding scale \$75+/session; Alcohol/drug misuse, sexuality issues, relationship issues; <a href="http://kevinbragalcsww.com">kevinbragalcsww.com</a>
<b>Aviva Braun LCSW</b>	1133 Broadway, Suite 529 New York, NY 10010	(917)699-6831	<b>Aetna, Cigna, Multiplan</b> , out of network benefits; Sliding scale \$60-100/session; eating disorders in females, trauma, body image, relationship issues, depression, anxiety
<b>Kirk Brewster, LCSW</b>	184 Lexington Avenue, Suite 3D New York, NY 10016	(212)252-3680	No insurance accepted; sliding scale available; Depression, anxiety, psychoanalysis, artists and couples
<b>Richard Brouillette, LCSW</b>	113 University Place, 9th Floor New York, NY 10003	(917)826-2545	<b>BC/BS</b> ; sliding scale; Mood disorders, LGBTQ issues, cultural issues, trauma. <a href="http://nosymptom.org">nosymptom.org</a>
<b>Nicole Brucato-Cooley, LMFT, RDT, RYT</b>	526 W. 26th Street, Suite 309 New York, NY 10001	(646)847-8081	<b>SVA Cigna, Multiplan, Beacon/ValueOptions</b> ; Anxiety, depression, mood disorders, stress management, trauma, relationship issues, family systems work, parenting, behavior problems, yoga and meditation
<b>Joyce Caraccioli, LCSW</b>	113 University Place, 8th Floor New York, NY 10003	(917)572-5083	<b>Aetna, Cigna, ValueOptions</b> ; works with out of network; sliding scale; LGBTQ, Artists, anxiety, depression, relationship issues, alcohol misuse, psychoanalysis, speaks Maltese
<b>Rebecca Carman, LCSW</b>	138 W. 25th Street, 6th floor #26 New York, NY 10001	(917)751-8803	No insurance accepted but works with out of network benefits; student fee \$100-125/session; Creativity, artists, anxiety, depression, self-esteem, sexual assault, relationship issues
<b>Anthony Cianci, LCSW</b>	65 E. 11th Street, 6C New York, NY 10003	(646)504-8121	Helps with out of network reimbursement; Psychodynamic psychotherapy and psychoanalysis; sexuality and gender issues. <a href="mailto:anthony.cianci.lcsw@gmail.com">anthony.cianci.lcsw@gmail.com</a>
<b>Andrea Clark, LCSW</b>	99 University Place, 4th floor, Suite 13 New York, NY 10003	(646)241-6013	<b>SVA Cigna, Aetna, BC/BS</b> ; sliding scale; Anxiety, depression, trauma, eating disorders, LGBTQ issues, personality disorders; <a href="mailto:aclarklcsw@gmail.com">aclarklcsw@gmail.com</a>
<b>Mary Dove, LCSW</b>	138 W. 25th Street, Suite 801 New York, NY 10001	(917)921-4488	<b>BC/BS, SVA Cigna</b> , Student fee \$90/session; College students, creative blocks, anxiety, depression, OCD, relationship issues; <a href="http://dovecounseling.com">dovecounseling.com</a>
<b>Rachel Dress Snider, LCSW-R</b>	26 W. 9th Street, Suite 6B New York, NY 10011	(646)207-0233	<b>SVA Cigna</b> ; sliding scale; Artists, college students, anxiety, depression, identity issues, psychoanalysis, previous therapist at SVA, current psychology instructor at SVA
<b>Alison Dye, LCSW</b>	49 W. 24th Street, Room 909 New York, NY 10001	(845)594-5174	Out of network benefits with Cigna; Student fee \$150/session; Anxiety depression, trauma/abuse, addictions
<b>Leslie Ann Epstein, LCSW</b>	113 University Place, 9th Floor New York, NY 10003	(917)482-2272	<b>Aetna, BC/BS</b> ; MBA background, transition to adult life, LGBTQ, relationship issues

# THERAPISTS (Manhattan)

<b>Gail Elkin-Scott, LCAT, ATR-BC</b>	1133 Broadway, Room 519 New York, NY 10016	(917)885-5723	No insurance accepted, sliding scale available; student fee \$75/session; Cultural issues, anxiety, trauma; Korean speaking therapist available starting \$40/session; <a href="http://arttherapyinfo.com">arttherapyinfo.com</a>
<b>Michele Frank, LCSW</b>	19 W. 34th Street, #1200 New York, NY	(212)352-0988	<b>Aetna, Anthem, BC/BS, Cigna, Emblem, GHI, Magellan, MHN, Oxford, UnitedHealthcare, ValueOptions/Beacon.</b> Has documentary film background, counseling for artists.
<b>Tami Gatta, LCAT</b>	526 W. 26th Street, Suite 309 New York, NY 10001	(646)685-4322	<b>SVA Cigna</b> , sliding scale \$75-125/session; psychosis, trauma, anxiety, depression; <a href="mailto:tmgattalcat@gmail.com">tmgattalcat@gmail.com</a>
<b>Blair Glaser, LCAT, RDT</b>	225 W. 35th Street, Suite 701 New York, NY 10001	(917)763-6539	No insurance accepted, sliding scale available; Professional/career development, coaching, relationship issues, also practices in Woodstock, NY. <a href="http://blairglaser.com">blairglaser.com</a>
<b>Maia C. Jamadi, PhD</b>	50 Lexington Avenue, Suite LL3 New York, NY 10010	(718)501-2197	<b>BC/BS, Medicare/Medicaid, SVA Cigna;</b> sliding scale \$75+/session; Depression, anxiety, cultural issues, neuropsychological testing, personality assessments
<b>Allison Jupiter, LCSW</b>	141 E. 55th Street, Suite 11D New York, NY 10012	(347)675-7062	<b>Aetna;</b> students can call and inquire about out of network benefits for other insurance plans' student fee \$100/session; substance abuse, anxiety, CBT, runs group for women w/ eating disorders in their 20's. \$60.group; <a href="http://allisonjupiter.com">allisonjupiter.com</a>
<b>Miho Kanazawa, LCAT MA-BCT/RDT, CCLS</b>	80 E. 11th Street New York, NY 10003	(201)298-3131	<b>SVA Cigna;</b> works with out of network benefits; Depression, anxiety, adjustments (cultural issues, language, homesickness), trauma, anger management, communication issues, daily stress; International students; speaks Japanese. <a href="http://dramaforhealing.com">dramaforhealing.com</a>
<b>Jennifer Kind-Rubin, LCAT</b>	80 E. 11th Street, #332 New York, NY 10003	(917)242-1468	<b>Cigna</b> , out of network benefits for other insurance; Trauma, anxiety, depression, college students, artists, creative blocks, transitions/adjustment; uses both art therapy and talk therapy; offers 20 minute phone consultation. <a href="http://jkrtherapy.com">jkrtherapy.com</a>
<b>Leah Kramnick, LCSW</b>	115 W. 27th Street, 4th Floor New York, NY 10001	(212)726-0506	<b>SVA Cigna</b> , student fee available; Eating disorders, body image concerns, adolescents & college students, depression, anxiety, gender/sexuality issues. Psychodynamic and interpersonal therapy. <a href="mailto:leahkramnick@gmail.com">leahkramnick@gmail.com</a>
<b>Rachel Kozlowski, PsyD</b>	1133 Broadway, Suite 807 New York, NY 10010	(646)543-9884	Out-of-network (helps with claims), sliding scale available; identity, relationships, sexuality, school/career, depression, anxiety, artists, gender identity, grief. Works with couples. Add'l location in Williamsburg. <a href="http://drachelkozlowski.com">drachelkozlowski.com</a>
<b>Hey-Kyung Kwon, DA, LP, NCPsyA</b>	1270 Broadway, Suite 303 New York, NY 10001	(212)286-0688	Out of network; specializes in trauma (EMDR, sensorimotor, IFS); international students, adjustment, anxiety, depression. Speaks Korean; <a href="http://psychotherapistdrkwon.com">psychotherapistdrkwon.com</a>
<b>SJ Langer, LCSW-R</b>	138 W. 25th Street New York, NY 10001	(917)617-0243	<b>SVA Cigna</b> ; sliding scale \$80/session for students; SVA alum & faculty; trauma and EMDR, gender/sexuality, transgender health, mood disorders, anxiety, eating disorders, substance abuse. <a href="http://SJLanger.com">SJLanger.com</a>
<b>Michael Lau, PhD</b>	286 5th Avenue New York, NY 10001	(646)480-6517	<b>Aetna, BC/BS;</b> will help with out of network paperwork; college students, cultural issues, sexual orientation; Speaks Mandarin
<b>Kristin Long, LCAT, LP</b>	80 E. 11th Street, Suite 301C New York, NY 10003	(212)982-1065	No insurance accepted, student fee \$100/session, will help w/ out-of-network paperwork; Psychoanalysis, creative arts and trauma, relational trauma, somatic experience work, American Sign Language
<b>Annsey March, LCSW</b>	125 E. 23rd Street New York, NY 10010	(212)583-1268	<b>Cigna;</b> sliding scale, helps with out-of-network claims; anxiety, depression, ADHD, interpersonal conflict, gender/sexual identity affirmation, academic stress, time management; offers free 15-minute phone consultation
<b>Mikella Millen, LCAT, ATR-BC</b>	412 Sixth Avenue New York, NY 10011	917)756-5540	<b>Cigna;</b> Therapist is SVA alumnus; Art therapy and verbal therapy; young adults and adults, trauma (childhood trauma, sexual assault, emotional abuse, etc.) LGBT; relationship problems; grief and loss, CBT. <a href="mailto:mikellamillen@gmail.com">mikellamillen@gmail.com</a> , <a href="http://mikellamillen.com">mikellamillen.com</a>

## THERAPISTS (Manhattan)

<b>Katherine Mitchell, PsyD</b>	156 5th Avenue, Suite 820 New York, NY 10010	(646)592-2688)	No insurance accepted; Sliding scale & out of network provider; Addictions, ADHD, anxiety, depression, trauma; Also offers interpersonal group therapy (fee \$60) <a href="http://drkjmittell.com">drkjmittell.com</a>
<b>Daphne Moked, LCSW</b>	1133 Broadway, Suite 506 New York, NY 10010	(631)317-1497	<b>Cigna;</b> Out of network benefits and completes claims; Young adults/students, artists/creative thinkers, trauma, depression, anxiety, adjustment, substance abuse, relationships, eating disorders and body issues. <a href="http://daphnemoked.com">daphnemoked.com</a>
<b>Penni Morganstein, PsyD</b>	26 Court Street, Suite 1210 Brooklyn, NY 11201	(917)940-8938	Out of network, helps with paperwork; Sliding scale available. Anxiety, depression, adjustment to school/NYC, unblocking artistically. Eclectic approach; CBT and psychodynamic <a href="mailto:penniindra@gmail.com">penniindra@gmail.com</a>
<b>Stephanie Omens, LCAT, RDT-BCT, CCLS</b>	226 W. 26th Street, Floor 8, Room #15 New York, NY 10001	(201)600-4665	<b>SVA Cigna;</b> sliding scale available; Trauma/PTSD, grief/loss, depression, anxiety, sexual abuse, chronic illness, medical issues. Saturday evening availability. <a href="http://stephanieomestherapy.com">stephanieomestherapy.com</a>
<b>Christine O'Toole, LCSW</b>	26 W. 9th Street, Suite 9A New York, NY 10011	(973)650-4219	<b>SVA Cigna;</b> sliding scale; depression, anxiety, relationship issues, LGBTQ, gender/sexuality, trauma
<b>Asher Pandjiris, LMSW</b>	26 W. 9th Street, Suite 3D New York, NY 10011	(646)580-2375	<b>SVA Cigna;</b> sliding scale; Trauma, depression, anxiety, eating disorders, identity issues, relationship conflicts, parenting struggles, life transitions. Therapist has art background. <a href="http://asherpandjiris.com">asherpandjiris.com</a>
<b>Sarah Perl, LCSW-R, CDWF</b>	291 Broadway, Suite 1401 New York, NY 10007	(518)894-8512	Out of network benefits, sliding scale available. Specializing in life cycle transition, relationship issues, substance use, harm reduction, abandonment issues and shame resilience. Facilitates a shame resilience group that runs in 8 week cycles, about 3 times per year. <a href="http://sarahperlpsychotherapy.com">sarahperlpsychotherapy.com</a>
<b>Leide Porcu, PhD</b>	303 Fifth Avenue, Suite 1309 New York, NY 10016	(212)929-7724	<b>SVA Cigna, Aetna;</b> Student fee \$120; LGBTQ, diverse ethnicities, anxiety, mindfulness/meditation, depression, coaching with ADHD/organization; trauma, shame, dream interpretation, sleep and nightmare difficulties; fluent Italian, some Spanish and French; <a href="mailto:leideporcu@gmail.com">leideporcu@gmail.com</a> ; <a href="http://leideporcu.com">leideporcu.com</a>
<b>Olga Poznansky, PhD</b>	125 E. 23rd Street, Suite 300 Office #2 New York, NY 10003	(646)436-1407	No insurance accepted; sliding scale available \$80+/session; anxiety, relationship issues, identity, professional concerns, immigration/acclturation, international students, work and creative inhibitions; <a href="mailto:olgapoznanskyphd@gmail.com">olgapoznanskyphd@gmail.com</a>
<b>Renee Rodriguez, LCSW</b>	85 Fifth Avenue, Suite 935 New York, NY 10003	(917)406-2636	<b>SVA Cigna, BC/BS;</b> student fee \$80/session; creativity, artists, depression, anxiety, trauma (including poverty), sexual trauma, parents w/mental illness, psychodynamic approach
<b>Adam Reynolds, LCSW, RDT/BCT, CASAC</b>	526 W. 26th Street, Suite 309 New York, NY 10001	(917)426-5873	<b>SVA Cigna, BC/BS,</b> Creative psychotherapy and drama therapy. Creative psychotherapy and drama therapy, LBGT issues, trauma, Autism spectrum, substance issues <a href="http://adamreynolds.squarespace.com">adamreynolds.squarespace.com</a>
<b>Charles Schaeffer, PhD</b>	31 Washington Square West New York, NY 10011	(718)577-1564	<b>SVA Cigna,</b> out of network benefits, sliding scale available; college students, young adults, new parents, gender fluidity, mindfulness, sleep restoration/insomnia issues; <a href="http://drchuckschaeffer.com">drchuckschaeffer.com</a> , <a href="mailto:drcschaeffer@gmail.com">drcschaeffer@gmail.com</a>
<b>Orna Shachar, PsyD, LP</b>	96 Fifth Avenue, #1K New York, NY 10011	(646)638-4882	<b>Aetna, Cigna, BCBS;</b> Sexuality/gender, anxiety, depression, trauma, relationship issues, nurturing creativity. <a href="mailto:ornahalom@aol.com">ornahalom@aol.com</a>
<b>Linda Turner, LCAT, ATR-BC</b>	41 Union Square, Suite 616 New York, NY 10003	(917)445-7587	No insurance accepted, sliding scale available; Relationships, identity, trauma, life transitions, life coaching, mood disorders, substance abuse, grief, anger management, depression, anxiety. <a href="http://arttherapyyny.com">arttherapyyny.com</a>

## THERAPISTS (Manhattan)

<b>Ashley Warner, LCSW</b>	85 Fifth Avenue, Suite 934 New York, NY 10003	(212)561-1729	<b>SVA Cigna;</b> sliding scale available at \$80+. Treatment issues: trauma, sexual violence, transitions, loss, creativity issues. <a href="http://ashleywarner.com">ashleywarner.com</a>
<b>Merry Weitzman, LCSW</b>	31 Washington Square West New York, NY 10011	(917)692-7204	<b>SVA Cigna;</b> Childhood trauma, relationships, anxiety, depression, life stressors, identity issues, LGBT, self-esteem
<b>Josephine Yankau Wong, PhD</b>	244 5th Avenue, Suite 9C New York, NY 10001	(347)897-5166	<b>Aetna, Cigna, Medicare, GHI, HIP, Fidelis;</b> international students, cultural issues, depression, anxiety, trauma; Speaks some Mandarin and Cantonese

## THERAPISTS (Brooklyn)

<b>Lisa Bengner, LCSW-R</b>	699 Sackett Street #2 Brooklyn, NY 11217	(347)831-4148	<b>Medicare;</b> sliding scale \$85+/session; Artists, depression, anxiety, eating disorders, relationship issues, separation from family, trained in DBT. <a href="http://linsabengner.com">linsabengner.com</a>
<b>Gemma Burgio, LCAT, ATR-BC</b>	941 Ocean Avenue Brooklyn, NY 11226	(631)827-1274	<b>SVA Cigna;</b> student fee \$50; Therapist is SVA alumnus. Art therapy, talk therapy; anxiety, trauma, depression, eating disorders, creativity. Uses creative outlets to process difficult emotions and experiences. <a href="http://gemmaburgio.com">gemmaburgio.com</a>
<b>Patrice Francois, PsyD</b>	26 Court Street Brooklyn, NY 11242	(347)693-6540	<b>BC/BS;</b> young adults, depression, anxiety, cultural issues, relationship issues
<b>Elizabeth Goodman, LCSW</b>	26 Court Street Brooklyn, NY 11242	(917)747-5871	<b>Cigna;</b> sliding scale; depression, anxiety, OCD, adult students, life transitions, professional development, relationships. <a href="http://elizabethgoodmanlcsw.com">elizabethgoodmanlcsw.com</a>
<b>Katherine M. Hatch, LCSW</b>	68 Jay Street, Suite 507 Brooklyn, NY 11210	(917)538-3639	No insurance accepted, sliding scale available; Mood disorders, family conflict, domestic abuse, relationship issues, trauma
<b>Kelli Knabe, LCSW-R</b>	32 Court Street Brooklyn, NY 11201	(212)726-1924	Out of network for most insurances (including GHI); sliding scale; LGBTQ, gender identity, couples, late adolescence, adults, depression, anxiety, ADHD, cutting/picking/hair pulling, life transitions, relationship difficulties, career exploration
<b>Rachel Kozlowski, PsyD</b>	141 South 5th Street, #E-6, Brooklyn, NY 11211	(646)543-9884	Out-of-network (helps with claims), sliding scale available; See full practice information on page 3, under Manhattan practice information; <a href="http://drrachelkozlowski.com">drrachelkozlowski.com</a>
<b>Rebecca Kronman, LCSW</b>	26 Court Street, Suite 1001 Brooklyn, NY 11242	(917)715-3809	<b>SVA Cigna;</b> out of network and sends in claims; Anxiety, depression, artists, mindfulness for creatives, student pressures. <a href="http://rebeccakronman.com">rebeccakronman.com</a>
<b>Margaret Patterson, PhD</b>	103 State Street Brooklyn, NY 11201	(718)834-0076	No insurance accepted; sliding scale available; Relationship issues, trauma, anxiety, depression
<b>Sarah Perl, LCSW</b>	26 Court Street, Suite 504 Brooklyn, NY 11242	518)894-8512	Out of network benefits, sliding scale available. See full practice information on page 4, under Manhattan practice information; <a href="http://sarahperlpsychotherapy.com">sarahperlpsychotherapy.com</a>
<b>Jeremy Schwartz, LCSW</b>	10 Plaza Street East, #1C Brooklyn, NY 11238	(917)512-1274	<b>SVA Cigna;</b> young adults/college students, trauma/PTSD, depression, anxiety, eating disorders, substance abuse, LGBTQ issues, support around gender transition, trained in DBT. <a href="http://parkslopetherapy.net">parkslopetherapy.net</a>

# PSYCHIATRISTS

<b>Shirin N. Ali, MD</b>	9 W. 10th Street New York, NY 10011	(646)706-7011	<b>Aetna;</b> student fee \$150/60 minutes; Psychotherapy and medication management
<b>Cynthia Barnes, MD</b>	352 7th Avenue New York, NY 10001	(212)563-1112	<b>Aetna, Cigna, BC/BS, Medicaid, Medicare, United, Oxford, HIP, Multiplan, PHCS, MHN, PacifiCare, POMCO, ValueOptions, 1199</b>
<b>Rona Bernadette, MD</b>	425 W. 23rd Street, Suite 1B New York, NY 10011	(646)592-1112	<b>BC/BS, Oxford, UnitedHealthcare;</b> mood disorders, anxiety; <a href="http://ronabernadette.com">ronabernadette.com</a>
<b>Lanre Dokun, MD</b>	276 Fifth Avenue Suite 507 New York, NY 10001	(929)399-7120	<b>SVA Cigna,</b> as well as other out of network benefits; will submit claims for patient. Patient only responsible for coinsurance. Therapy and med management; Anxiety, depression, ADD/ADHD, OCD, sexual abuse, LGBTQ; <a href="http://healthyminds.nyc">healthyminds.nyc</a>
<b>Gauri Khurana, MD, MPH</b>	26 W. 9th Street, Suite 3D New York, NY 10011	(917)345-9831	<b>SVA Cigna;</b> sliding scale available; mood disorders, anxiety, ADHD
<b>Amy Mednick, MD</b>	301 E. 21st Street New York, NY 10010	(347)480-8608	<b>Cigna;</b> appointments available M-T, Th-F. Must be in weekly psychotherapy in order to be treated with meds
<b>Danny Michaeli, MD</b>	113 University Place, Suite 1010 New York, NY 10003	(212)674-2447	No insurance accepted; \$200/session, LGBTQ, family therapy
<b>William Nguyen, MD</b>	5 W. 86th Street, #9C New York, NY 10024	(646)954-2400	<b>Aetna, Cigna;</b> Med management and therapy; anxiety, adjustment, ADHD, mood disorders, college students, international students. Speaks Vietnamese. <a href="http://uwspychiatry.nyc">uwspychiatry.nyc</a>
<b>Scott Palyo, MD</b>	101 Fifth Avenue, Suite 10D New York, NY 10003	(917)715-6397	No insurance accepted; anxiety, depression, trauma, ADHD
<b>Leonard Rubin, MD</b>	200 West 57th Street New York, NY 10019	(212)245-5748	<b>Aetna, BC/BS, Cigna, Medicare, United, Oxford, GHI, Multiplan, PHCS, MHN, 1199, Health Republic, Oscar, Magnacare, Affinity</b>
<b>Gregory Sayer, MD</b>	38 Gramercy Park North New York, NY 10010	(929)243-4843	No insurance accepted; Med management and therapy; insomnia, panic disorder, trauma, anxiety, OCD, ADHD; <a href="http://gregorysayermd.com">gregorysayermd.com</a>
<b>Sherwin Shadianloo, MD</b>	26 W. 9th Street, Suite 6B New York, NY 10011	(212)253-0030	Out of network benefits; Med management and therapy; LGBT, mental health of sexual minorities including gender variant and transgender individuals and their families, ADHD, anxiety, mood disorders, trauma, family issues, eating disorders, <a href="http://shadianloomd.com">shadianloomd.com</a>
<b>Jose L. Villaluz, MD</b>	10 E. 82nd Street, Suite 1F New York, NY 10128	(212)873-0585	<b>Aetna, Cigna, Oxford, UnitedHealthcare;</b> ADHD, anxiety, mood disorders, psychosis, adjustment disorders