The New York State Minimum Wage Act and Wage Orders contain the state’s rules for pay and overtime. These rules are in addition to those required by federal law, including the Fair Labor Standards Act. This is a guideline to help decide if a for-profit business that has interns must pay them according to the state minimum wage and overtime rules. This only applies to the State Minimum Wage Act and Orders. It does not apply to Unemployment Insurance, Workers’ Compensation, and/or any other law.

Not-for-profit organizations and institutions of any type also may have unpaid interns, if they meet all the criteria for an intern who is not in an employment relationship.

In general, an intern is only exempt from the requirements of the Minimum Wage Act and Orders if the intern is not in an employment relationship. To determine whether an employment relationship exists, the department uses six criteria from the U.S. Department of Labor and five criteria of its own to evaluate the situation.

An employment relationship does not exist only if the situation meets ALL of these criteria:

1. The training, even though it includes actual operation of the employer’s facilities, is similar to training provided in an educational program.
   For example:
   - The internship program builds on a classroom or academic experience -- NOT the employer’s operations.
   - A college, university, secondary school, specialist, technical, vocational or trade school oversees the program and awards educational credit.
   - The internship teaches skills that are useful in other jobs (not skills specific to one employer’s operation).
   - The intern does not perform the routine work of the business on a regular basis, and the business does not depend upon the work of the intern.
   - The intern is not engaged in the operations of the employer and does not perform productive work (such as filing, other clerical work or helping customers).
   - The intern gains a new skill, advanced knowledge or better work habits.

2. The training is for the benefit of the intern.
   The intern must be the primary beneficiary of the training. Any benefit to the employer must be merely incidental. If the academic institution gives credit for the internship, it is considered some evidence of the beneficial nature of the program.

3. The intern does not displace regular employees, and works under close supervision.
   Interns do not function in ways that replace or augment regular staff.
   If interns do job shadowing to learn certain functions under the close and constant supervision of regular employees (but perform no or minimal work), then this is likely to be considered a true educational experience.
   However, if interns receive the same level of supervision as the employer’s regular workers, it suggests an employment relationship, rather than training.
   Interns are considered employees if they substitute for regular workers or add to an existing workforce during specific time periods.
   Interns are viewed as employees if the company would need to hire additional employees or require existing staff to work more hours to do the interns’ work.

4. The activities of trainees or students do not provide an immediate advantage to the employer. On occasion, operations may actually be impeded.
   The essence of a traineeship is that an employer provides a benefit to the trainees by developing their work skills or knowledge; the trainees do not benefit the employer.
   In a true traineeship, the employer cannot gain an immediate advantage from the intern’s presence. In fact, in most circumstances, interns will require employers to dedicate resources (in the form of training, supervision, etc.) that may actually detract from the productivity of the worksite for some period.
5. The trainees or students are not necessarily entitled to a job at the conclusion of the training period and are free to take jobs elsewhere in the same field.

The internship runs for a fixed period, set before the internship begins. It has no connection with any offer of employment or promise to stay with the employer.

Employers should not use unpaid internships as a trial period for those seeking employment.

Interns who are placed with the employer for a trial period, with the expectation that afterwards they will be hired as permanent employees, would generally be considered employees.

The longer an internship lasts, the more likely it will be considered an employment relationship.

6. The trainees or students are notified, in writing, that they will not receive any wages and are not considered employees for minimum wage purposes.

Such written notice must be clear and be given to the trainees or students before the internship or traineeship starts.

7. Any clinical training is performed under the supervision and direction of people who are knowledgeable and experienced in the activity.

The persons who supervise or direct any clinical, hands-on work performed by the trainees must have sufficient experience and knowledge in that industry.

Persons have "sufficient" experience and knowledge in the industry if they are proficient in the area and in all activities performed by the trainee. They must have adequate background, education, and experience to fulfill the educational goals and requirements of the training program. In addition, the persons must be competent to provide such training, with previous experience training employees or students.

8. The trainees or students do not receive employee benefits.

Examples of such benefits include, but are not limited to:

- Health and dental insurance
- Pension or retirement credit and
- Discounted or free goods and services from the employer

9. The training is general, and qualifies trainees or students to work in any similar business. It is not designed specifically for a job with the employer that offers the program.

Skills offered through the training must be:

- Useful
- Transferable to any employer in the field and
- Not specific to the for-profit employer offering the training

Any training that is specific to the employer and its operations is conclusive evidence that an employment relationship exists.

11. The screening process for the internship program is not the same as for employment, and does not appear to be for that purpose. The screening only uses criteria relevant for admission to an independent educational program.

This helps to ensure that employers do not mix recruiting of employees and interns. These searches must run independently from one another.

Educational institutions or other organizations should not consider employment-related factors when they place students with for-profit employers. They should only consider the needs of the student and the educational program.

12. Advertisements, postings, or solicitations for the program clearly discuss education or training, rather than employment, although employers may indicate that qualified graduates may be considered for employment.

This relates to the requirement that the employer tell trainees, in writing, that they are not entitled to wages for the training. This is to avoid a trainee's misunderstanding of the nature of the program, and/or an employer's misrepresentation of its nature, purposes and entitlements.
Wage Requirements for Interns in Not-For-Profit Businesses

The New York State Minimum Wage Act and Wage Orders contain pay and overtime requirements. These requirements are in addition to those imposed by federal law. This guideline is intended to help employers and employees understand their rights and obligations under State law.

Not-For-Profit Organizations or Institutions

There is no section of the Labor Law that exempts “interns” at not-for-profit organizations from the minimum wage requirements. Such workers may fall within one of these exceptions from the minimum wage requirements:

Volunteers

A person may do volunteer work in a not-for-profit organization, if that organization is set up and operates strictly for charitable, educational or religious purposes. Other organizations may not use unpaid volunteers.

Restrictions

Unpaid volunteers may not:

- Replace or augment paid staff to do the work of paid staff
- Do anything but tasks traditionally reserved for volunteers
- Be required to work certain hours
- Be required to perform duties involuntarily
- Be under any contract to hire
  - by any other person or business
  - express or implied
- Be paid for their services (except reimbursement for expenses)

A person who is a paid employee of such an organization may volunteer for that organization. However, the type of work they do as a volunteer must be completely different from the type of work they do as an employee.

Students

Students working in a not-for-profit organization or institution are exempt from the State Minimum Wage Act and the Minimum Wage Order for Miscellaneous Industries, so long as:

- The organization is organized and operated exclusively for these purposes:
  - charitable
  - educational
  - religious
- They attend an institution of learning with courses leading to a degree, certificate or diploma
- They are completing residence requirements for a degree such as those required of medical and pharmaceutical students

The work experience need not fulfill a curriculum requirement or even relate to the student’s field of study. Persons continue to be exempt during the periods when school is not in session (e.g., during the summer) if they:

- Were students during the preceding semester
- Have not yet graduated or completed the educational requirements of the program

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Graduating students enrolled in an institution who plan to continue their education are considered students between terms. No more than six months should elapse between the end of one program and the start of the next. For the purposes of this exception, a graduating senior at a high school is a student:

- During the summer following graduation
- If enrolled in a college or university the following fall

In addition to the records all employers must maintain, a not-for-profit organization that wants to use the student exemption from minimum wage must keep other records. These records must contain:

- Student classification
- Start date of work
- Nature of the work performed

They also need a statement from the student’s school, which attests that he or she is a student:

- Whose course of instruction leads to a degree, diploma or certificate or
- Who is completing residence requirements for a degree

**Trainees and Learners**

There is an exception for a trainee in a bona fide training program operated by a not-for-profit organization or institution. It applies if that organization is set up and operated exclusively for charitable, educational or religious purposes. The training must involve:

- Formal instruction
- On-the-job training

During the training program, the learner must:

- Have limited responsibility
- Be under supervision or guidance

The training and guidance provided must:

- Be sufficiently direct and specialized
- Maintain an appropriate ratio of trainers to trainees and learners
- Last from 2-10 weeks

This applies unless the Commissioner of Labor finds after investigation that the occupation requires more than 10 weeks of training for proficiency.

In addition to the records all employers must maintain, a not-for-profit organization with a trainee must keep records that contain:

- Trainee or learner classification
- Start date of work
- Nature of the work performed
- Nature and extent of the instruction and supervision

Further, any other exceptions available to for-profit employers also are available for non-profitmaking institutions.

This guideline is limited to the State Minimum Wage Act and Orders. It does not address the applicability and/or requirements for Unemployment Insurance, Workers’ Compensation, and/or any other law.

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ASSIST the Unemployed
CONNECT Employers and Workers

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