



Insurance Resources

The following information is not intended to be exhaustive of all health plans available, nor should it be regarded as a recommendation or endorsement of the health plans by SVA Student Health & Counseling Services. Contact the companies directly for more information.

Are you currently enrolled in SVA sponsored student health insurance?

The 2017-2018 SVA sponsored student health insurance plan Cigna PPO will end on August 24, 2018.

Students enrolled have the option of extending the **Cigna PPO** plan 1, 2 or 3 months at a premium rate. Please contact Liz Bonomi (Liz@univhealthplans.com) with your SVA ID number for an application. Please note that the application and payment must be received by University Health Plans (not SVA) before August 24, 2018.

SVA Alumni Health Insurance Exchange – affordable health insurance programs from JLBG Health:

<http://www.svahealthplans.com/>

Artists' Health Insurance Resource Center

<http://www.ahirc.org/>

New York State of Health Marketplace

<https://nystateofhealth.ny.gov>

NY State Essential Plan

<https://info.nystateofhealth.ny.gov/essentialplan>

Freelancers Union – available to independent workers/freelancers in 30 states – review the following links for more information and eligibility requirements:

www.freelancersunion.org

International Students - OPT

- **International Student Organization:** www.isoa.org
- **Coverage for students living or studying abroad for longer than one year:**
<http://www.insubuy.com/atlasamerica-insurance>
- **Students with J1 and F1 visas** (even in OPT) you may review the *Student Secure* plan:
<https://www.internationalstudentinsurance.com/brochures/pdf/student-secure.pdf>
If you are a student with dependents there is also a plan called the *Atlas Travel*:
<https://www.internationalstudentinsurance.com/brochures/pdf/atlas-doc.pdf>

Free emotional support

Confidential emotional support is available 24 hours a day, 7 days a week - you can text **HOME** to **741-741** (www.crisistextline.org) or call 1-888-NYC-WELL (or text **WELL** to **65173**).