# Mental Health Providers:

**Community based providers who want to work with SVA students**

*Not intended to be regarded as a recommendation or endorsement of providers by SH&CS. Updated August 2019*

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## THERAPISTS (Manhattan)

### Mental Health Providers:

**Community based providers who want to work with SVA students**

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**Note:** Therapists with an Asterisk (*) next to their name accept the SVA Cigna health insurance, updated 08/19

<table>
<thead>
<tr>
<th>Therapist</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Specialties</th>
</tr>
</thead>
</table>
| **Laurice Adams, MA, LCAT**      | 303 5th Ave, Suite 604
New York, NY 10010               | (917) 544-2867 | Lapplegatetherapy@gmail.com | SVA Cigna, sliding scale; Former SVA therapist; college students, artists, depression, anxiety, trauma, cultural issues, identity, body image, relationship issues, parenting issues |
| **Nancy Alexander, LCSW-R**      | 37 W. 72nd Street, Suite 1West,
Office #2 New York, NY 10023    | (347) 201-1924 |                             | BC/BS, out of network for other insurance plans; sliding scale for students; ADD/ADHD; Depression, anxiety, relationship issues, self-esteem, communication skills, self-defeating choices and behavior patterns, family issues. |
| **Laura Applegate, LCSW**        | 26 West 9th Street, Suite 6B
New York, NY 10011
AND
36 Plaza Street East, Suite 1G
Brooklyn, NY 11238               | (929) 244-3060 | Lapplegatetherapy@gmail.com | Out of network insurance accepted. Some sliding scale. Attended SVA and was former coordinator of SVA SH&CS. Past SVA psychology instructor. Holistic, eclectic, collaborative, trauma-informed, incorporates mindfulness and Cognitive Behavioral Therapy (CBT) skills. Artists, college students, LGBTQ affirming, depression, anxiety, trauma, identity, relationship issues, life transitions, parenting. |
| **Ellen Arfin, LCSW**            | 26 W. 9th Street, Suite 5B
New York, NY 10011               | (212) 989-7080 |                             | BC/BS, SVA Cigna, ValueOptions: Art students, anxiety, depression, life transitions; Psychology instructor at SVA; has additional location in Maplewood, NJ |
| **Mark Beauregard, RDT, LCAT**   | 80 E. 11th Street, Suite 301C
New York, NY 10003                | (917) 204-2846 | markbeauregard.com          | Cigna; student fee $65-100/session; Gender/sexuality, depression, anxiety; markbeauregard.com |
| **Maya Benattar, MA, MT-BC, LCAT**| 202 West 40th Street, Suite 403
New York, NY 10018                | (914) 330-9545 | maya.benattar@gmail.com     | No insurance accepted; student rate $65-100. Will help with out of network paperwork. Specializes in working with young women (18-30s); anxiety, perfectionism, developmental/intergenerational trauma, relationship struggles, moving through stickiness/repetitive patterns. Music therapy, psychotherapy, creative, embodied approach. Offers free 20 minute phone consultation |
| **Lisa Benger, LCSW-R**          | 138 W. 25th St, Suite 801-A4
New York, NY 10001
AND
699 Sackett Street #2
Brooklyn, NY 11217               | (347) 831-4148 | lisabenger.com              | Medicare; sliding scale $85+/session; Artists, depression, anxiety, eating disorders, relationship issues, separation from family, trained in DBT. Additional location in Brooklyn. |
| **Kevin Braga, LCSW**            | 19 W. 34th Street, PH floor
New York, NY 10001                | (646) 480-6670 | kevinbragalcsw.com         | Cigna, SVA Cigna, sliding scale $75+ /session; Alcohol/drug misuse, sexuality issues, relationship issues; |
| **Joyce Caraccioli, LCSW**       | 113 University Place, 8th Floor
New York, NY 10003                | (917) 572-5083 |                             | Aetna, Cigna, ValueOptions; works with out network; sliding scale; LGBTQ; Artists, anxiety, depression, relationship issues, alcohol misuse, psychoanalysis, speaks Maltese |
| **Rebecca Carman, LCSW**         | 138 W. 25th Street, 6th floor #26
New York, NY 10001                | (917) 751-8803 |                             | No insurance accepted but works with out of network benefits; student fee $100-125/session; Creativity, artists, anxiety, depression, self-esteem, sexual assault, relationship issues |
| **Anthony Cianci, LCSW**         | 65 E. 11th Street, 6C
New York, NY 10003                | (646) 504-8121 | anthony.cianci.lcsw@gmail.com | Helps with out of network reimbursement; Psychodynamic psychotherapy and psychoanalysis; sexuality and gender issues. |
| **Andrea Clark, LCSW**           | 99 University Place, 4th floor,
Suite 13
New York, NY 10003                | (646) 241-6013 | aclarklcsw@gmail.com        | SVA Cigna, Aetna, BC/BS; sliding scale; Anxiety, depression, trauma, eating disorders, LGBTQ issues, personality disorders; |
| **Mary Dove, LCSW**              | 138 W. 25th Street, Suite 801
New York, NY 10001                | (917) 921-4488 | dovecounselling.com       | BC/BS, SVA Cigna, Student fee $90/session; College students, creative blocks, anxiety, depression, OCD, relationship issues; |
SVA Cigna; sliding scale; Artists, college students, anxiety, depression, identity issues, psychoanalysis, previous therapist at SVA, current psychology instructor at SVA.
Out of network benefits with Cigna; Student fee $150/session; Anxiety depression, trauma/abuse, addictions

*Rachel Dress Snider, LCSW-R
26 W. 9th Street, Suite 6B
New York, NY 10011
(646) 207-0233
therapywithrachel.com

Aries Liao, PhD, LCSW
49 W. 24th Street, Room 909
New York, NY 10001
(845) 594-5174

Anna Eckhardt, LCSW-R
25 West 26th Street, Suite 410
New York, NY 10010
AND
201 Eastern Parkway, Suite 1A
Brooklyn, NY 11238
(917) 698-6998
Annaeckhardt.lcsw@gmail.com

Leslie Ann Epstein, LCSW
113 University Place, 9th Floor
New York, NY 10003
(917) 482-2272

Gail Elkin-Scott, LCAT, ATR-BC
1133 Broadway, Room 519
New York, NY 10016
(646) 885-5723
arttherapyinfo.com

Michele Frank, LCSW
19 W. 34th Street, #1200
New York, NY
(212) 352-0988
helper50@gmail.com

*Tami Gatta, LCAT
526 W. 26th Street, Suite 309
New York, NY 10001
(646) 685-4322
tngattalcat@gmail.com

Helen Joelson, LCSW
50 Lexington Avenue
Suite LL2
NY, NY 10010
(917) 821-6377

*Allison Jupiter, LCSW
141 E. 55th Street, Suite 11D
New York, NY 10012
(347) 675-7062
allisonjupiter.com

*Miho Kanazawa, LCAT
MA-BCT/RDT, CCLS
412 6th Ave, Suite 705
New York, NY 10011
(201) 298-3131
dramaforhealing.com

Jennifer Kind-Rubin, LCAT
236 5th Ave
New York, NY 10003
(917) 242-1468
jkrtherapy.com

*Leah Kramnick, LCSW
115 W. 27th Street, 4th Floor
New York, NY 10001
(212) 726-0506
leahkramnick@gmail.com

Rachel Kozlowski, PsyD
1133 Broadway, Suite 807
New York, NY 10010
141 South 5th Street, #E-6,
Brooklyn, NY 11217
(646) 543-9884
drachelkozlowski.com

Hey-Kyung Kwon, DA, LP, NCPsyA
1270 Broadway, Suite 303
New York, NY 10001
(212) 286-0688
psychotherapistsdkwon.com

*Arielle Lai, LCSW
226 West 26th St
New York, New York 10001
(412) 589-9477
www.jiandanxinli.com/experts/2431

Aries Liao, PhD, LCSW
352 7th Ave, Suite 1105
New York, NY 10001
917-583-3731
aries.liao@gmail.com

*SJ Langer, LCSW-R
138 W. 25th Street
New York, NY 10001
(917) 617-0243
SJLanger.com

Michael Lau, PhD
286 5th Avenue
New York, NY 10001
(646) 480-6517

Kristin Long, LCAT, LP
80 E. 11th Street, Suite 301C
New York, NY 10003
(212) 982-1065

No insurance accepted, but can help with out of network claims and paperwork. Student fee $150/session for 55 minutes. EMDR certified therapist. Certified trauma therapist. Supports clients with anxiety, adjustment to school, creative and academic blocks, relationship issues, trauma.

Anna Eckhardt, LCSW-R
25 West 26th Street, Suite 410
New York, NY 10010
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Annaeckhardt.lcsw@gmail.com

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arttherapyinfo.com

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helper50@gmail.com

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jkrtherapy.com

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Brooklyn, NY 11217
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drachelkozlowski.com

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psychotherapistsdkwon.com

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www.jiandanxinli.com/experts/2431

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aries.liao@gmail.com

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138 W. 25th Street
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(917) 617-0243
SJLanger.com

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286 5th Avenue
New York, NY 10001
(646) 480-6517

Kristin Long, LCAT, LP
80 E. 11th Street, Suite 301C
New York, NY 10003
(212) 982-1065

No insurance accepted, student fee $100/session; Anxiety depression, trauma/abuse, addictions

Out of network benefits with Cigna; Student fee $75/session; Cultural issues, anxiety, trauma, Korean speaking therapist available starting $40/session;

Out of network benefits for insurance; Trauma, anxiety, depression, college students, artists, creative blocks, transitions/adjustment; uses both art therapy and talk therapy; offers 20 minute phone consultation.

Out of network; works with out of network benefits; Depression, anxiety, adjustments (cultural issues, language, homesickness), trauma, anger management, communication issues, daily stress; International students; speaks Japanese.

Out of network; specializes in trauma (EMDR, sensorimotor, IFS); international students, adjustment, anxiety, depression. Speaks Korean.

SVA Cigna; sliding scale $75-125/session; psychosis, trauma, anxiety, depression.

SVA Cigna, student fee available; Eating disorders, body image concerns, adolescents & college students, depression, anxiety, gender/sexuality issues. Psychodynamic and interpersonal therapy.

SVA Cigna; works with out of network benefits; Depression, anxiety, relationships, sexuality, school/career, depression, anxiety, artists, gender identity, grief. Works with couples. Add’tl location in Williamsburg.

Out of network insurance and Sliding Scale accepted. Speaks Mandarin and Taiwanese.

Out of network insurance and Sliding Scale accepted. Speaks Mandarin and Taiwanese.


Out of network; will help with out of network paperwork; college students, cultural issues, sexual orientation; Specialty in Asian/Asian Americans and LGBT+. Speaks Mandarin
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Specialties</th>
</tr>
</thead>
<tbody>
<tr>
<td>*Ann Springer, LCSW</td>
<td>125 E. 23rd Street, New York, NY 10010</td>
<td>(212) 583-1268</td>
<td><a href="mailto:annspringerlcsw@gmail.com">annspringerlcsw@gmail.com</a></td>
<td>Cigna; sliding scale, helps with out-of-network claims; anxiety, depression, ADHD, interpersonal conflict, gender/sexual identity affirmation, academic stress, time management; offers free 15-minute phone consultation</td>
</tr>
<tr>
<td>*Orna Shachar, PsyD, LP</td>
<td>96 Fifth Avenue, #1K, New York, NY 10011</td>
<td>(646) 638-4882</td>
<td><a href="mailto:ornahalom@aol.com">ornahalom@aol.com</a></td>
<td>Aetna; I have a private practice next to SVA and have experience working with college students at The New School counseling center. I am an art therapist that specializes in anxiety, depression, grief, adjustment, and trauma.</td>
</tr>
<tr>
<td>*Charles Schaeffer, PhD</td>
<td>31 Washington Square West, New York, NY 10011</td>
<td>(718) 577-1564</td>
<td><a href="mailto:drchuckschaeffer@gmail.com">drchuckschaeffer@gmail.com</a></td>
<td>Out-of Network Provider; Treats obsessive compulsive disorder (OCD), purely obsessional (Pure-O), anxiety disorders, perfectionism, depression, body dysmorphic disorder (BDD), trichotillomania, and excoriation (skin-picking disorder). Has experience working in a student counseling center. Approaches: cognitive-behavioral therapy (CBT), exposure and response prevention therapy (ERP), acceptance and commitment therapy (ACT) and cognitive restructuring.</td>
</tr>
<tr>
<td>*Adam Reynolds, LCSW, RDT/BCT, CASAC</td>
<td>526 W. 26th Street, Suite 309, New York, NY 10001</td>
<td>(917) 406-2636</td>
<td><a href="mailto:olgapoznanskyphd@gmail.com">olgapoznanskyphd@gmail.com</a></td>
<td>Cigna; Out of network benefits and completes claims; Young adults/students, artists, creative thinkers, trauma, depression, anxiety, adjustment, substance abuse, relationships, eating disorders and body issues.</td>
</tr>
<tr>
<td>*Leide Porcu, PhD</td>
<td>303 Fifth Avenue, Suite 1309, New York, NY 10016</td>
<td>(212) 929-7724</td>
<td><a href="mailto:leideporc@gmail.com">leideporc@gmail.com</a></td>
<td>Out of network, helps with paperwork; Sliding scale available. Anxiety, depression, adjustment to school/NYC, unblocking artistically. Eclectic approach; CBT and psychodynamic</td>
</tr>
<tr>
<td>*Leana Rodriguez, LCSW</td>
<td>65 Fifth Avenue, Suite 935, New York, NY 10003</td>
<td>(212) 56-2636</td>
<td></td>
<td>SVA Cigna; sliding scale; depression, anxiety, relationship issues, LGBTQ, gender/sexuality, trauma</td>
</tr>
<tr>
<td>*Stephanie Omens, LCAT, RDT-BCT, CCLS</td>
<td>226 W. 26th Street, Floor 8, Room #15, New York, NY 10001</td>
<td>(201) 600-4665</td>
<td>stephanieomensenistry.com</td>
<td>Out of network benefits, sliding scale available. Specializing in life cycle transition, relationships issues, substance use, harm reduction, abandonment issues and shame resilience. Facilitates a shame resilience group that runs in 8 week cycles, about 3 times per year.</td>
</tr>
<tr>
<td>*Renee Rodriguez, LCSW</td>
<td>85 Fifth Avenue, #935, New York, NY 10003</td>
<td>(212) 406-2636</td>
<td></td>
<td>SVA Cigna, Aetna; Student fee $120; LGBTQ, diverse ethnicities, anxiety, mindfulness/meditation, depression, coaching with ADHD/organization; trauma, shame, dream interpretation, sleep and nightmare difficulties; fluent Italian, some Spanish and French.</td>
</tr>
<tr>
<td>*Adam Reynolds, LCSW, RDT/BCT, CASAC</td>
<td>26 Court Street, Suite 1210, Brooklyn, NY 11201</td>
<td>(212) 56-2636</td>
<td><a href="mailto:reneerodriguez@gmail.com">reneerodriguez@gmail.com</a></td>
<td>No insurance accepted; sliding scale available $80+/session; anxiety, relationship issues, identity, professional concerns, immigration/acculturation, international students, work and creative inhibitions.</td>
</tr>
<tr>
<td>*Orna Shachar, PsyD, LP</td>
<td>96 Fifth Avenue, #1K, New York, NY 10011</td>
<td>(646) 638-4882</td>
<td><a href="mailto:ornahalom@aol.com">ornahalom@aol.com</a></td>
<td>SVA Cigna, BCBS; student fee $80/session; creativity, artists, depression, anxiety, trauma (including poverty), sexual trauma, parents/w/menil illness, psychodynamic approach</td>
</tr>
<tr>
<td>*Leana Rodriguez, LCSW</td>
<td>65 Fifth Avenue, Suite 935, New York, NY 10003</td>
<td>(212) 56-2636</td>
<td></td>
<td>SVA Cigna, BCBS; Creative psychotherapy and drama therapy, Creative psychotherapy and drama therapy, LBGT issues, trauma, Autism spectrum, substance issues</td>
</tr>
<tr>
<td>*Renee Rodriguez, LCSW</td>
<td>85 Fifth Avenue, #935, New York, NY 10003</td>
<td>(212) 406-2636</td>
<td></td>
<td>SVA Cigna, out of network benefits, sliding scale; college students, young adults, gender fluidity, mindfulness, sleep restoration/insomnia, Aetna, Cigna, BCBS; Sexuality/gender, anxiety, depression, trauma, relationship issues, nurturing creativity.</td>
</tr>
<tr>
<td>*Ann Springer, LCSW</td>
<td>172 Madison Ave, Suite 100, New York, NY 10016</td>
<td>(917) 56-7852</td>
<td><a href="mailto:annspringercsw@gmail.com">annspringercsw@gmail.com</a></td>
<td>SVA Cigna, Blue Cross Blue Shield, Out of Network</td>
</tr>
<tr>
<td>*Mikella Millen, LCAT, ATR-BC</td>
<td>302 5th Avenue, 11th Fl, New York, NYT 10011</td>
<td>(917) 756-5540</td>
<td>mikellamilen.com</td>
<td>Cigna; Art therapy and verbal therapy; young adults and adults, trauma (childhood trauma, sexual assault, emotional abuse, etc.) LGBTQ; relationship problems; grief and loss, CBT. <a href="mailto:mikellamilen@gmail.com">mikellamilen@gmail.com</a>,</td>
</tr>
<tr>
<td>Katherine Mitchell, PsyD, CGP</td>
<td>156 5th Avenue, Suite 820, New York, NY 10010</td>
<td>(646) 592-2688</td>
<td><a href="mailto:dr.kjmitchell@gmail.com">dr.kjmitchell@gmail.com</a></td>
<td>Out of network provider, sliding scale offered; Group Therapy Specialty (fee $70); Process Groups focus on strengthening and deepening interpersonal relationships to mediate psychological difficulties (anxiety, depression, trauma, ADHD, addiction)</td>
</tr>
<tr>
<td>*Christine O’Toole, LCSW</td>
<td>26 W. 9th Street, Suite 9A, New York, NY 10011</td>
<td>(973) 650-4219</td>
<td></td>
<td>SVA Cigna; sliding scale; depression, anxiety, relationship issues, LGBTQ, gender/sexuality, trauma</td>
</tr>
<tr>
<td>Olga Poznansky, PhD</td>
<td>125 E. 23rd Street, Suite 300, New York, NY 10003</td>
<td>(646) 436-1407</td>
<td><a href="mailto:olgapoznanskyphd@gmail.com">olgapoznanskyphd@gmail.com</a></td>
<td>SVA Cigna, Aetna; Student fee $120; LGBTQ, diverse ethnicities, anxiety, mindfulness/meditation, depression, coaching with ADHD/organization; trauma, shame, dream interpretation, sleep and nightmare difficulties; fluent Italian, some Spanish and French.</td>
</tr>
<tr>
<td>*Annsley March, LCSW</td>
<td>125 E. 23rd Street, New York, NY 10010</td>
<td>(646) 384-1268</td>
<td><a href="mailto:annsspringercsw@gmail.com">annsspringercsw@gmail.com</a></td>
<td>No insurance accepted; sliding scale available $80+/session; anxiety, relationship issues, identity, professional concerns, immigration/acculturation, international students, work and creative inhibitions.</td>
</tr>
</tbody>
</table>

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SVA: Specialized in various mental health issues, including anxiety, depression, trauma, and identity issues. Provides services to individuals, couples, and families.

Aetna: Offers comprehensive mental health services, including individual therapy, couples therapy, and family therapy. Provides a wide range of services, including treatment for anxiety, depression, and trauma.

Cigna: Provides a comprehensive range of mental health services, including individual therapy, couples therapy, and family therapy. Specializes in various mental health issues, including anxiety, depression, and trauma.
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Contact Information</th>
<th>Specialties</th>
</tr>
</thead>
<tbody>
<tr>
<td>*Navah Steiner, LCAT</td>
<td>303 5th Avenue, Suite 604</td>
<td>(212) 252-5451</td>
<td>Sliding scale for students. Assists with out of network reimbursement.</td>
</tr>
<tr>
<td></td>
<td>New York, NY 10016</td>
<td><a href="mailto:nsteinercat@gmail.com">nsteinercat@gmail.com</a></td>
<td>Psychodynamic psychotherapy and psychoanalysis; anxiety, depression,</td>
</tr>
<tr>
<td></td>
<td></td>
<td>navahsteinercat.com</td>
<td>life transitions, trauma, gender and sexuality issues. Incorporates</td>
</tr>
<tr>
<td>Jenni Stone-Levine</td>
<td>65 East 11th Street, #6C</td>
<td>(646) 283-1060</td>
<td>No insurance accepted, sliding scale available. Therapist is a SVA</td>
</tr>
<tr>
<td></td>
<td>New York, NY 10003</td>
<td><a href="mailto:jennistonelievine@gmail.com">jennistonelievine@gmail.com</a></td>
<td>alumni. Art therapy, Reiki; trauma (sexual, child abuse), anxiety,</td>
</tr>
<tr>
<td>Ahn Hee Strain, ATR-BC</td>
<td>Art and Energy Wellness</td>
<td>(443) 306-9318</td>
<td>No insurance accepted, sliding scale available; Relationships,</td>
</tr>
<tr>
<td></td>
<td>115 Broadway street Suite 1800</td>
<td><a href="mailto:ahnhkee@artandenergywellness.com">ahnhkee@artandenergywellness.com</a></td>
<td>anxiety, depression, relationship adjustment, loss, and exploring</td>
</tr>
<tr>
<td></td>
<td>NY, NY 10006</td>
<td></td>
<td>creativity.</td>
</tr>
<tr>
<td>Linda Turner, LCAT, ATR-BC</td>
<td>41 Union Square, Suite 616</td>
<td>(917) 445-7587</td>
<td>SVA Cigna; sliding scale available at $80+. Treatment issues: trauma,</td>
</tr>
<tr>
<td></td>
<td>New York, NY 10003</td>
<td>Arttherapyny.com</td>
<td>sexual violence, transitions, loss, creativity issues.</td>
</tr>
<tr>
<td>*Nicholas Urban, LCSW</td>
<td>24 5th Ave</td>
<td>(646) 531-1094</td>
<td>SVA Cigna. Specialty in DB.</td>
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<td></td>
<td>New York, NY 10011</td>
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<td>Depression, anxiety, trauma, relationships. Young adult/transition to</td>
</tr>
<tr>
<td>*Ashley Warner, LCSW</td>
<td>85 Fifth Avenue, Suite 934</td>
<td>(212) 561-1729</td>
<td>adulthood, creativity, career.</td>
</tr>
<tr>
<td></td>
<td>New York, NY 10003</td>
<td>ashleywarner.com</td>
<td></td>
</tr>
<tr>
<td>*Merry Weitzman, LCSW</td>
<td>31 Washington Square West</td>
<td>(917) 692-7204</td>
<td>SVA Cigna; Childhood trauma, relationships, anxiety, depression, life</td>
</tr>
<tr>
<td></td>
<td>New York, NY 10011</td>
<td></td>
<td>stressors, identity issues, LGBT, self-esteem</td>
</tr>
<tr>
<td>*Jennifer Wilson, LCAT</td>
<td>303 5th Ave, Suite 604</td>
<td>(917) 864-6811</td>
<td>SVA Cigna, out-of-network; Former therapist at SVA.</td>
</tr>
<tr>
<td></td>
<td>New York, NY 10016</td>
<td><a href="mailto:jwilsonlcat@gmail.com">jwilsonlcat@gmail.com</a></td>
<td>Anxiety, depression, trauma, relationships. Young adult/transition to</td>
</tr>
<tr>
<td>*Josephine Yankau Wong, PhD</td>
<td>244 5th Avenue, Suite 9C</td>
<td>(347) 897-5166</td>
<td>adulthood, creativity, career.</td>
</tr>
<tr>
<td></td>
<td>New York, NY 10001</td>
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<tr>
<td>*Gemma Burgio, LCAT, ATR-BC</td>
<td>941 Ocean Avenue</td>
<td>(631) 827-1274</td>
<td>Astina, Cigna, GHl, HIP; international students, cultural issues,</td>
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<td>Brooklyn, NY 11226</td>
<td>gemmaburgo.com</td>
<td>depression, anxiety, trauma; English, Mandarin and Cantonese</td>
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<td>*Wendy Carolina Franco, Ph.D.</td>
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<td>Patrice Francois, PsyD</td>
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<td>*Elizabeth Goodman, LCSW</td>
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<td>elizabethgoodmanlcsw.com</td>
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<td>Katherine M. Hatch, LCSW</td>
<td>68 Jay Street, Suite 507</td>
<td>(917) 538-3639</td>
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<td>Brooklyn, NY 11210</td>
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<td>Kelli Knabe, LCSW-R</td>
<td>32 Court Street</td>
<td>(212) 726-1924</td>
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<td>Brooklyn, NY 11201</td>
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<tr>
<td>*Rebecca Kronman, LCSW</td>
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<td>(917) 715-3809</td>
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<td></td>
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<td>RebeccaKronnan.com</td>
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<tr>
<td>Margaret Patterson, PhD</td>
<td>103 State Street</td>
<td>(718) 834-0076</td>
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<td>Brooklyn, NY 11201</td>
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<tr>
<td>*Jeremy Schwartz, LCSW</td>
<td>792 Union St, 2nd Floor</td>
<td>(917) 512-1274</td>
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<td></td>
<td>Brooklyn, NY 10238</td>
<td>parkslopeatherapy.net</td>
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Prescribers (including Psychiatrists, Nurse Practitioners, and Group Practices)

Shirin N. Ali, MD
9 W. 10th Street
New York, NY 10011
(646) 706-7011
Aetna; student fee $150/60 minutes; Psychotherapy and medication management

*Cynthia Barnes, MD
352 7th Avenue
New York, NY 10001
(212) 563-1112
Aetna, Cigna, BC/BS, Medicaid, Medicare, United, Oxford, HIP, Multiplan, PHCS, MHN, PacifiCare, POMCO, ValueOptions, 1199

Rona Bernadette, MD
425 W. 23rd Street, Suite 1B
New York, NY 10011
(646) 592-1112
ronabernadettemd.com
BCBS, Oxford, UnitedHealthcare; mood disorders, anxiety;

*Shannon Carroll, PMHNP-BC
125 E 23rd St, Suite 500
New York, NY 10010
(347) 525-8515
www.metrnp.com
Out of Network benefits; specialized in working with artists and LGBTQ+

*Yuanil Duan, MD
109 Lafayette St, C1
New York, NY 10013
(347) 688-5512
creativeartstherapist@gmail.com
Out of Network benefits; Speaks English and Mandarin

*Lanre Dokun, MD
276 Fifth Avenue Suite 507
New York, NY 10001
(929) 399-7120
healthyminds.nyc
SVA Cigna, as well as other out of network benefits; will submit claims for patient. Patient only responsible for coinsurance. Therapy and med management; Anxiety, depression, ADD/ADHD, OCD, sexual abuse, LGBTQ;

*Gauri Khurana, MD, MPH
26 W. 9th Street, Suite 3D
New York, NY 10011
(917) 345-9831
Cigna; appointments available M-T, Th-F. Must be in weekly psychotherapy in order to be treated with meds

*Amy Mednick, MD
301 E. 21st Street
New York, NY 10010
(347) 480-8608
Aetna, Cigna; Med management and therapy; anxiety, adjustment, ADHD, mood disorders, college students, international students. Speaks Vietnamese.

Danny Michaeli, MD
113 University Place, Suite 1010
New York, NY 10003
(212) 674-2447
No insurance accepted; $200/session, LGBTQ, family therapy

*William Nguyen, MD
5 W. 86th Street, #9C
New York, NY 10024
(646) 954-2400
uwspsychiatry.nyc
SVA Cigna; sliding scale available; mood disorders, anxiety, ADHD

Scott Palyo, MD
101 Fifth Avenue, Suite 10D
New York, NY 10003
(917) 715-6397
No insurance accepted; anxiety, depression, trauma, ADHD

*Leonard Rubin, MD
200 West 57th Street
New York, NY 10019
(212) 245-5748
No insurance accepted; ADHD, anxiety, mood disorders, psychosis, adjustment disorders

Gregory Sayer, MD
38 Gramercy Park North
New York, NY 10010
(929) 243-4843
gregorysayermd.com
Out of network benefits; Med management and therapy; LGBT, mental health of sexual minorities including gender variant and transgender individuals and their families, ADHD, anxiety, mood disorders, trauma, family issues, eating disorders.

Sherwin Shadianloo, MD
26 W. 9th Street, Suite 6B
New York, NY 10011
(212) 253-0030
shadianloomd.com
Out of network benefits; Med management and therapy; LGBT, mental health of sexual minorities including gender variant and transgender individuals and their families, ADHD, anxiety, mood disorders, trauma, family issues, eating disorders.

*Jose L. Villaluz, MD
10 E. 82nd Street, Suite 1F
New York, NY 10128
(212) 873-0585
Aetna, Cigna, Medicare, United, Oxford, Magnacare, Affinity

*Soho M.D.
110 Lafayette St, 5th Fl
New York, NY 10013
(212) 369-6757
www.soohomd.com
Aetna, Cigna, Optum (Oscar, Oxford Health Plans, United Healthcare); Offers telepsychiatry in NY and NJ

*Mindful Urgent Care
39 West 29th St, Suite 1100
New York, NY 10001
(516) 217-6666
mindfulurgentcare.com
Accepts most major insurances and Medicare; multiple locations
### Mental Health Centers

*Blanton-Peale Institute*  
7 W. 30th Street, 9th Floor  
New York, NY 10010  
(212)725-7850  
Medicaid, managed care plans, Aetna, BC/BS, Cigna, United, Oxford, Emblem, Multiplan, Optum; for uninsured $75/intake, $90/psych evaluation, $55/psychotherapy, $35/med management. Initial intake appointment is with therapist, at the end of the session they will schedule psych eval w/psychiatrist if medication is needed.

Brooklyn Center for Psychotherapy  
300 Flatbush Avenue  
Brooklyn, NY 11217  
(718)622-2000  
Medicaid, managed care plans, Aetna, BC/BS, GHI, HIP, Value Options, 1199. Sliding scale available; individual therapy and medication management, also offers substance abuse program.

CBT/DBT Associates  
501 Madison Avenue  
New York, NY 10022  
(212)546-9200  
No insurance accepted; Comprehensive DBT program offers individual therapy, group therapy, and phone coaching.

CCM/McMurray Clinic  
115 W. 31st Street, 5th Fl.  
New York, NY 10010  
(718)802-0666  
Medicaid and all managed care plans; for uninsured, $35/session for therapy and medication management; request Manhattan location when calling to schedule intake; Manhattan clinic # 212-564-6006.

Institute for Contemporary Psychotherapy  
1841 Broadway (60th St.)  
New York, NY 10023  
(212)333-3444  
Emblem, HIP, Oscar, Healthfirst; Sliding scale, average $60/session; General mental health, eating disorders, LGBTQ, trauma.

Postgraduate Center for Mental Health  
71 W. 23rd Street  
New York, NY 10010  
(212)576-4195  
Healthfirst, Medicaid, Medicare GHI/HIP ValueOptions; individual, family, and group psychotherapy as well as medication management.

Psychoanalytic Psychotherapy Study Center  
80 Fifth Avenue, Suite 903A  
New York, NY 10011  
(212)633-9162  
All therapists accept Aetna, other insurance varies by therapist; sliding scale available; primarily psychodynamic; no psychiatrist on site. Korean speaking therapists available.

*Ryan NENA Center*  
279 E. 3rd Street  
New York, NY 10009  
(212)477-8519  
Medicaid and managed care plans, Aetna, BC/BS, Cigna, Magnacare, 1199, ADAP; Medical and mental health services; benefits enrollment offered as a free service for those that may be eligible for Medicaid; also offers STD/HIV testing (Spanish, Chinese).

The Center for Modern Psychoanalytic Studies  
16 W. 10th Street  
New York, NY 10011  
(212)228-6036  
No insurance accepted; $40/intake, $10-50/session afterwards (Other languages Spanish, Russian, Chinese, Farsi).

The Fifth Avenue Counseling Center  
50 W. 23rd Street  
New York, NY 10010  
(212)989-2990  
Medicaid and managed care, Aetna, BC/BS, United, Oxford, GHI, HIP; Sliding scale $60+session; individual therapy as well as medication management as needed; phone screening is done first; Please advise the front desk that you have been referred by SVA.

*Therapy Center of New York*  
200 W. 33rd Street  
New York, NY 10016  
(212)725-0192  
All providers accept UHC, other insurance varies by provider including Aetna, BC/BS, Cigna, Oxford, Empire Plan; group practice with therapists and psychiatrists, call for intake and they will verify insurance coverage.

Training Institute for Mental Health  
115 W. 27th Street, 4th Floor  
New York, NY 10001  
(212)627-8181  
ValueOptions; $30/intake, then sliding scale fee.

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If you require medical or psychiatric attention outside of SH&CS office hours (Monday-Friday, 9 AM-5PM) or are experiencing an emergency, please contact:

<table>
<thead>
<tr>
<th>Contact</th>
<th>Address</th>
<th>Phone</th>
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</table>
| City MD | 212 E 23rd St  
New York, NY 10010 | (646) 518-0163 |
| Bellevue Hospital | 462 1st Ave,  
New York, NY 10016 | (212) 562-4141 |
| NYU Langone Hospital | 570 1st Ave | |