<table>
<thead>
<tr>
<th><strong>Mental Health Centers</strong></th>
<th>Address</th>
<th>Phone</th>
<th>Coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Blanton-Peale Institute</em></td>
<td>7 W. 30th Street, 9th Floor New York, NY 10010</td>
<td>(212)725-7850</td>
<td>Medicaid, managed care plans, Aetna, BC/BS, Cigna, United, Oxford, Emblem, Multiplan, Optum; for uninsured $75/intake, $90/psych evaluation, $55/psychotherapy, $35/med management Initial intake appointment is with therapist, at the end of session they will schedule psych eval w/psychiatrist if medication is needed (Other languages Thai, Spanish, Korean)</td>
</tr>
<tr>
<td><em>Brooklyn Center for Psychotherapy</em></td>
<td>300 Flatbush Avenue Brooklyn, NY 11217</td>
<td>(718)622-2000</td>
<td>Medicaid, managed care plans, Aetna, BC/BS, GHI, HIP, Value Options, 1199, Sliding scale available; individual therapy and medication management, also offers substance abuse program</td>
</tr>
<tr>
<td>CBT/DBT Associates</td>
<td>501 Madison Avenue New York, NY 10022</td>
<td>(212)546-9200</td>
<td>No insurance accepted; Comprehensive DBT program offers individual therapy, group therapy, and phone coaching</td>
</tr>
<tr>
<td><em>CCM/McMurray Clinic</em></td>
<td>115 W. 31st Street, 5th Fl. New York, NY 10010</td>
<td>(718)802-0666</td>
<td>Medicaid and all managed care plans; for uninsured, $35/session for therapy and medication management; request Manhattan location when calling to schedule intake; Manhattan clinic # 212-564-6008</td>
</tr>
<tr>
<td>Institute for Contemporary Psychotherapy</td>
<td>1841 Broadway (60th St.) New York, NY 10023</td>
<td>(212)333-3444</td>
<td>Emblem, HIP, Oscar, Healthfirst: Sliding scale, average $60/session; General mental health, eating disorders, LGBTQ, trauma</td>
</tr>
<tr>
<td><em>Postgraduate Center for Mental Health</em></td>
<td>71 W. 23rd Street New York, NY 10010</td>
<td>(212)576-4195</td>
<td>Healthfirst, Medicaid, Medicare GH/HP Value Options; individual, family, and group psychotherapy as well as medication management</td>
</tr>
<tr>
<td>Psychoanalytic Psychotherapy Study Center</td>
<td>80 Fifth Avenue, Suite 903A New York, NY 10011</td>
<td>(212)633-9162</td>
<td>All therapists accept Aetna, other insurance varies by therapist; sliding scale available; primarily psychodynamic; no psychiatrist on site. Korean speaking therapists available</td>
</tr>
<tr>
<td><em>Ryan NENA Center</em></td>
<td>279 E. 3rd Street New York, NY 10009</td>
<td>(212)477-8519</td>
<td>Medicaid and managed care plans, Aetna, BC/BS, Cigna, Magnacare, 1199, ADAP; Medical and mental health services; benefits enrollment offered as a free service for those that may be eligible for Medicaid; also offers STD/HIV testing (Spanish, Chinese)</td>
</tr>
<tr>
<td>The Center for Modern Psychoanalytic Studies</td>
<td>16 W. 10th Street New York, NY 10011</td>
<td>(212)228-6036</td>
<td>No insurance accepted; $40/intake, $10-50/session afterwards (Other languages Spanish, Russian, Chinese, Farsi)</td>
</tr>
<tr>
<td><em>The Fifth Avenue Counseling Center</em></td>
<td>50 W. 23rd Street New York, NY 10010</td>
<td>(212)689-2990</td>
<td>Medicaid and managed care plans, Aetna, BC/BS, United, Oxford, GHI, HIP; Sliding scale $60+/session; individual therapy as well as medication management as needed; phone screening is done first; Please advise the front desk that you have been referred by SVA.</td>
</tr>
<tr>
<td><em>Therapy Center of New York</em></td>
<td>200 W. 33rd Street New York, NY 10016</td>
<td>(212)725-0192</td>
<td>All providers accept UHC, other insurance varies by provider including Aetna, BC/BS, Cigna, Oxford, Empire Plan; group practice with therapists and psychiatrists, call for intake and they will verify insurance coverage</td>
</tr>
<tr>
<td>Training Institute for Mental Health</td>
<td>115 W. 27th Street, 4th Floor New York, NY 10001</td>
<td>(212)627-8181</td>
<td>ValueOptions; $30/intake, then sliding scale fee</td>
</tr>
</tbody>
</table>
Laurice Adams, MA, LCAT
1115 Broadway, 11th floor
New York, NY 10010
(917)544-2867
SVA Cigna, sliding scale; Former SVA therapist; college students, artists, depression, anxiety, trauma, cultural issues, identity, body image, relationship issues, parenting issues.

Nancy Alexander, LCSW-R
37 W. 72nd Street, Suite 1West, Office #2 New York, NY 10023
(347)201-1924
BC/BS, out of network for other insurance plans; sliding scale for students; ADD/ADHD, Depression, anxiety, relationship issues, self-esteem, communication skills, self-defeating choices and behavior patterns, family issues.

Laura Applegate, LCSW
26 West 9th Street, Suite 6B
New York, NY 10011
AND
36 Plaza Street East, Suite 1G
Brooklyn, NY 11238
(929)244-3060
Lapplategatetherapy@gmail.com
www.laurapplegate.com
Out of network insurance accepted. Some sliding scale. Attended SVA and was former coordinator of SVA SH&CS. Past SVA psychology instructor: Holistic, eclectic, collaborative, trauma-informed, incorporates mindfulness and Cognitive Behavioral Therapy (CBT) skills. Artists, college students, LGBTQ affirming, depression, anxiety, trauma, identity, relationship issues, life transitions, parenting.

Ellen Arfin, LCSW
26 W. 9th Street, Suite 5B
New York, NY 10012
(212)989-7080
BC/BS, SVA Cigna, ValueOptions; Art students, anxiety, depression, life transitions; Psychology instructor at SVA; has additional location in Maplewood, NJ

Mark Beauregard, RDT, LCAT
80 E. 11th Street, Suite 301C
New York, NY 10003
(917)204-2846
Cigna; student fee $65-100/session; Gender/sexuality, depression, anxiety; markbeauregard.com

Maya Benattar, MA, MT-BC, LCAT
202 West 40th Street, Suite 403
New York, NY 10018
(914)330-9545
maya.benattar@gmail.com
www.mayabenattar.com
No insurance accepted; student rate $65-100. Will help with out of network paperwork. Specializes in working with young women (18-30s); anxiety, perfectionism, developmental/intergenerational trauma, relationship struggles, moving through stuckness/repetitive patterns. Music therapy, psychotherapy; creative, embodied approach. Offers free 20 minute phone consultation

Lisa Benger, LCSW-R
138 W. 25th St, Suite 801-A4
New York, NY 10001
AND
699 Sackett Street #2
Brooklyn, NY 11217
(347)631-4148
lisabenger.com
Medicare; sliding scale $85+/session; Artists, depression, anxiety, eating disorders, relationship issues, separation from family, trained in DBT. Additional location in Brooklyn.

Kevin Braga, LCSW
19 W. 34th Street, PH floor
New York, NY 10011
(646)480-6670
kevinbragalcsw.com
Cigna, SVA Cigna, sliding scale $75+/session; Alcohol/drug misuse, sexuality issues, relationship issues;

Aviva Braun LCSW
1133 Broadway, Suite 529
New York, NY 10010
(917)699-6831
Aetna, Cigna, Multiplan, out of network benefits; Sliding scale $60-100/session; eating disorders in females, trauma, body image, relationship issues, depression, anxiety

Kirk Brewster, LCSW
184 Lexington Avenue, Suite 3D
New York, NY 10016
(212)252-3680
No insurance accepted; sliding scale available; Depression, anxiety, psychoanalysis, artists and couples

Nicole Brucato-Cooley, LMFT, RDT, RYT
526 W. 26th Street, Suite 309
New York, NY 10001
(646)847-8081
nicolebrucato@gmail.com
SVA Cigna, Multiplan, Beacon/ValueOptions; Anxiety, depression, mood disorders, stress management, trauma, relationship issues, family systems work, parenting, behavior problems, yoga and meditation.

Joyce Caraccioli, LCSW
113 University Place, 8th Floor
New York, NY 10003
(917)572-5083
Aetna, Cigna, ValueOptions; works with out of network; sliding scale; LGBTQ, Artists, anxiety, depression, relationship issues, alcohol misuse, psychoanalysis, speaks Maltese

Rebecca Carman, LCSW
138 W. 25th Street, 6th floor #26
New York, NY 10001
(917)751-8803
No insurance accepted but works with out of network benefits; student fee $100-125/session; Creativity, artists, anxiety, depression, self-esteem, sexual assault, relationship issues

Anthony Cianci, LCSW
65 E. 11th Street, 6C
New York, NY 10003
(646)504-8121
anthony.cianci.lcsw@gmail.com
Helps with out of network reimbursement; Psychodynamic psychotherapy and psychoanalysis; sexuality and gender issues.

Andrea Clark, LCSW
99 University Place, 4th floor, Suite 13
New York, NY 10003
(646)241-6013
aclarlcsw@gmail.com
SVA Cigna, Aetna, BC/BS; sliding scale; Anxiety, depression, trauma, eating disorders, LGBTQ issues, personality disorders;

Mary Dove, LCSW
138 W. 25th Street, Suite 801
New York, NY 10001
(917)921-4488
dovecounseling.com
BC/BS, SVA Cigna, Student fee $90/session; College students, creative blocks, anxiety, depression, OCD, relationship issues;

Rachel Dress Snider, LCSW-R
26 W. 9th Street, Suite 6B
New York, NY 10011
(646)207-0233
SVA Cigna; sliding scale; Artists, college students, anxiety, depression, identify issues, psychoanalysis, previous therapist at SVA. current psychology instructor at SVA

Alison Dye, LCSW
49 W. 24th Street, Room 909
New York, NY 10001
(845)594-5174
Out of network benefits with Cigna; Student fee $150/session; Anxiety depression, trauma/abuse, addictions
Anna Eckhardt, LCSW-R  
25 West 26th Street, Suite 410  
New York, NY 10010  
AND  
201 Eastern Parkway, Suite 1A  
Brooklyn, NY 11238  
(917)698-6998  
annaechhardt.lcsw@gmail.com  
No insurance accepted but can help with out of network claims and paperwork. Student fee $150 session for 55 minutes. EMDR certified therapist. Certified trauma therapist. Supports clients with anxiety, adjustment to school, creative and academic blocks, relationship issues, trauma.

Leslie Ann Epstein, LCSW  
113 University Place, 9th Floor  
New York, NY 10003  
(917)482-2272  
Aetna, BCBS; MBA background, transition to adult life, LGBTQ, relationship issues

Gail Elkin-Scott, LCAT, ATR-BC  
1133 Broadway, Room 519  
New York, NY 10016  
(917)885-5723  
arththerapyinfo.com  
No insurance accepted, sliding scale available; student fee $75/session; Cultural issues, anxiety, trauma; Korean speaking therapist available starting $40/session;

Michele Frank, LCSW  
19 W. 34th Street, #1200  
New York, NY  
(212)352-0988  
helperg5@gmail.com  

Tami Gatta, LCAT  
526 W. 26th Street, Suite 309  
New York, NY 10011  
(646)685-4322  
tngattalcat@gmail.com  
SVA Cigna, sliding scale $75-125/session; psychosis, trauma, anxiety, depression.

Allison Jupiter, LCSW  
141 E. 55th Street, Suite 11D  
New York, NY 10012  
(347)675-7062  
allisonjupiter.com  
Aetna; students can call and inquire about out of network benefits for other insurance plans' student fee $100/session; substance abuse, anxiety, CBT, runs group for women w/eating disorders in their 20's, $60/group;

Miho Kanazawa, LCAT  
80 E. 11th Street  
New York, NY 10003  
(201)298-3131  
dramaforhealing.com  
SVA Cigna; works with out of network benefits; Depression, anxiety, adjustments (cultural issues, language, homesickness), trauma, anger management, communication issues, daily stress; International students; speaks Japanese.

Jennifer Kind-Rubin, LCAT  
80 E. 11th Street, #332  
New York, NY 10003  
(917)242-1468  
jktherapy.com  
Cigna, out of network benefits for other insurance; Trauma, anxiety, depression, college students, artists, creative blocks, transitions-adjustment; uses both art therapy and talk therapy; offers 20 minute phone consultation.

Leah Kramnick, LCSW  
115 W. 27th Street, 4th Floor  
New York, NY 10001  
(212)726-0506  
leakhramnick@gmail.com  
SVA Cigna, student fee available; Eating disorders, body image concerns, adolescents & college students, depression, anxiety, gender/sexuality issues. Psychodynamic and interpersonal therapy.

Rachel Kozlowski, PsyD  
1133 Broadway, Suite 807  
New York, NY 10010  
AND  
141 South 5th Street, #E-6, Brooklyn, NY 11211  
(646)543-9684  
drrachelkozlowski.com  
Out-of-network (helps with claims), sliding scale available; identity, relationships, sexuality, school/career, depression, anxiety, artists, gender identity, grief. Works with couples. Add’lt location in Williamsburg.

Hey-Kyung Kwon, DA, LP, NCPsyA  
1270 Broadway, Suite 303  
New York, NY 10001  
(212)286-0688  
psychotherapistdrkwon.com  
Out of network; specializes in trauma (EMDR, somnorrhythm, IFS); international students, adjustment, anxiety, depression. Speaks Korean.

Huilin Lai, LCSW  
226 West 26th St  
New York, New York 10001  
(412)589-9477  
www.jiandanxinli.com/experts/2431  

S J Langer, LCSW-R  
138 W. 25th Street  
New York, NY 10001  
(917)617-0243  
SJLanger.com  
SVA Cigna; sliding scale $80/session for students; SVA alum & faculty; trauma and EMDR, gender/sexuality, transgender health, mood disorders, anxiety, eating disorders, substance abuse.

Michael Lau, PhD  
286 8th Avenue  
New York, NY 10001  
(646)480-6517  
SAV  
Aetna, BCBS; will help with out of network paperwork; college students, cultural issues, sexual orientation; Specialty in Asian/Asian Americans and LGBT+; Speaks Mandarin

Kristin Long, LCAT, LP  
80 E. 11th Street, Suite 301C  
New York, NY 10003  
(212)982-1065  
SVA Cigna; sliding scale, helps with out-of-network claims; anxiety, depression, ADHD, interpersonal conflict, gender/sexual identity affirmation, academic stress, time management; offers free 15-minute phone consultation

Annsley March, LCSW  
125 E. 23rd Street  
New York, NY 10010  
(212)583-1268  
Cigna; sliding scale, helps with out-of-network claims; anxiety, depression, ADHD, interpersonal conflict, gender/sexual identity affirmation, academic stress, time management; offers free 15-minute phone consultation

Kate McIntosh, LCAT, ATR-BC  
167 West 21st Street  
New York, NY 10011  
(646)236-3349  
mkateemcintosh@gmail.com  
Aetna; I have a private practice next to SVA and have experience working with college students at The New School counseling center. I am an art therapist that specializes in anxiety, depression, grief, adjustment, and trauma.
Tatyana Mestechnkina, PhD.  
928 Broadway, Suite 300  
New York, NY 10010  
917-605-2120  
www.dmestechnkina.com  
Out-of Network Provider; Treats obsessive compulsive disorder (OCD), purely obsessional (Pure-O), anxiety disorders, perfectionism, depression, body dysmorphic disorder (BDD), trichotillomania, and exocoration (skin-picking disorder). Has experience working in a student counseling center. Approaches: cognitive-behavioral therapy (CBT), exposure and response prevention therapy (ERP), acceptance and commitment therapy (ACT) and cognitive restructuring.

Mikella Millen, LCAT, ATR-BC  
412 Sixth Avenue  
New York, NY 10011  
(917)756-5540  
mikellamilen.com  
Cigna; Therapist is SVA alumnus; Art therapy and verbal therapy; young adults and adults, trauma (childhood trauma, sexual assault, emotional abuse, etc.) LGBT; relationship problems; grief and loss, CBT. mikellamilen@gmail.com,

Katherine Mitchell, PsyD, CGP  
156 5th Avenue, Suite 820  
New York, NY 10010  
(646)592-2688  
dr.kjmitchell@gmail.com  
Out of network provider, sliding scale offered; Group Therapy Speciality (fee $70) - Process Groups focus on strengthening and deepening interpersonal relationships to mediate psychological difficulties (anxiety, depression, trauma, ADHD, addiction)

Daphne Moked, LCSW  
1133 Broadway, Suite 506  
New York, NY 1010  
(631)317-1497  
daphnemoked.com  
Cigna; Out of network benefits and completes claims; Young Adults/Students, Artists/creative thinkers, trauma, depression, anxiety, adjustment, substance abuse, relationships, eating disorders and body issues.

Penni Morganstein, PsyD  
26 Court Street, Suite 1210  
Brooklyn, NY 11201  
(917)940-8938  
pennindra@gmail.com  
Out of network, helps with paperwork; Sliding scale available. Anxiety, depression, adjustment to school/NYC, unblocking artistically. Eclectic approach; CBT and psychodynamic

Stephanie Omens, LCAT, RDT-BCT, CCLS  
226 W. 26th Street, Floor 8, Room #15  
New York, NY 10001  
(201)600-4665  
stephanieomens@theraphy.com  
SVA Cigna; sliding scale available; Trauma/PTSD, grief/floss, depression, anxiety, sexual abuse, chronic illness, medical issues. Saturday evening availability.

Christine O’Toole, LCSW  
26 W. 9th Street, Suite 9A  
New York, NY 1001  
(973)650-4219  
Christine@christineotoole.com  
SVA Cigna; sliding scale; depression, anxiety, relationship issues, LGBTQ, gender/sexuality, trauma.

Asher Pandjiris, LMSW  
26 W. 9th Street, Suite 3D  
New York, NY 1001  
(646)580-2375  
ashe@pandjiris.com  
SVA Cigna; sliding scale; Trauma, depression, anxiety, eating disorders, identity issues, relationship conflicts, parenting struggles, life transitions. Therapist has art background.

Sarah Perl, LCSW-R, CDWF  
291 Broadway, Suite 1401  
New York, NY 10007  
AND  
26 Court Street, Suite 504  
Brooklyn, NY 11242  
(Also: Kingston, NY)  
(518)894-8512  
sarahperlpyschotherapy.com  
Out of network benefits, sliding scale available. Specializing in life cycle transition, relationship issues, substance use, harm reduction, abandonment issues and shame resilience. Facilitates a shame resilience group that runs in 8 week cycles, about 3 times per year.

Leide Porcu, PhD  
303 Fifth Avenue, Suite 1309  
New York, NY 10106  
(212)929-7724  
leideporcu@gmail.com  
www.leideporcu.com  
SVA Cigna, Aetna; Student fee $120; LGBTQ, diverse ethnicities, anxiety, mindfulness/meditation, depression, coaching with ADHD/organization; trauma, shame, dream interpretation, sleep and nightmare difficulties; fluent Italian, some Spanish and French.

Olga Poznansky, PhD  
125 E. 23rd Street, Suite 300  
Office #2 New York, NY 10003  
(646)436-1407  
olgapoznanskyphd@gmail.com  
No insurance accepted; sliding scale available $80+session; anxiety, relationship issues, identity, professional concerns, immigration/acculturation, international students, work and creative inhibitions.

Renee Rodriguez, LCSW  
85 Fifth Avenue, Suite 935  
New York, NY 10003  
(917)460-2536  
ReneeRodriguezLCWSW@gmail.com  
SVA Cigna, BCBS; student fee $80/session; creativity, artists, depression, anxiety, trauma (including poverty), sexual trauma, parents w/mental illness, psychodynamic approach

Adam Reynolds, LCSW, RDT/BCT, CASAC  
526 W. 26th Street, Suite 309  
New York, NY 1001  
(917)426-5873  
adamentylons.squarespace.com  
SVA Cigna, BCBS. Creative psychotherapy and drama therapy. Creative psychotherapy and drama therapy, LGTB issues, trauma, Autism spectrum, substance issues

Charles Schaeffer, PhD  
31 Washington Square West  
New York, NY 10011  
(718)577-1564  
drcschaeffer@gmail.com  
drcschaeffer.com  
SVA Cigna, out of network benefits, sliding scale available; college students, young adults, new parents, gender fluidity, mindfulness, sleep restoration/insomnia issues.

Orna Shachar, PsyD, LP  
96 Fifth Avenue, #1K  
New York, NY 10011  
(646)638-4682  
orna@halom@aol.com  
Aetna, Cigna, BCBS; Sexuality/gender, anxiety, depression, trauma, relationship issues, nurturing creativity.

Navah Steiner, LCAT  
303 5th Avenue, Suite 604  
New York, NY 10016  
(212) 252-5451  
rsteinerlicat@gmail.com  
SVA Cigna. Former therapist at SVA. Specialties: depression, anxiety, relationships, international students, identity issues, academic and career concerns, creative blocks.

Jenni Stone-Levine  
65 East 11th Street, #6C  
New York, NY 10003  
(646)283-1060  
jennistonelevine@gmail.com  
www.nith.com  
Linda Turner, LCAT, ATR-BC  
41 Union Square, Suite 616  
New York, NY 10003  
(917)445-7587  
Arttherapyny.com  
No insurance accepted, sliding scale available; Relationships, identity, trauma, life transitions, life coaching, mood disorders, substance abuse, grief, anger management, depression, anxiety.

Ashley Warner, LCSW  
85 Fifth Avenue, Suite 934  
New York, NY 10003  
(212)561-1729  
averishwarner.com  
SVA Cigna; sliding scale available at $80+. Treatment issues: trauma, sexual violence, transitions, loss, creativity issues.

Merry Weitzman, LCSW  
31 Washington Square West  
New York, NY 10011  
(917)692-7204  
SVA Cigna; Childhood trauma, relationships, anxiety, depression, life stressors, identity issues, LGBT, self-esteem

Josephine Yankau Wong, PhD  
244 5th Avenue, Suite 9C  
New York, NY 10001  
(347)897-5166  
No insurance accepted, sliding scale available; Depression, anxiety, trauma; English, Mandarin and Cantonese

Gemma Burgio, LCAT, ATR-BC  
941 Ocean Avenue  
Brooklyn, NY 11226  
(631)827-1274  
gemmaburgio.com  
Cigna; student fee $50; Therapist is SVA alumnus. Art therapy, talk therapy; anxiety, trauma, depression, eating disorders, creativity. Uses creative outlets to process difficult emotions and experiences.

Wendy Carolina Franco, Ph.D  
26 Court Street, Suite 1415  
Brooklyn, NY 11242  
(347) 464-1531  
carolinafranco.phd@gmail.com  
Cigna, out of network benefits for other insurance; Sliding scale fee. Specialized training and interests: trauma, acculturation, LGBTQ and gender identity, sexuality, ethnic and racial minority concerns, social justice work, immigration, women’s health, and relationship and adjustment issues. Speaks Spanish.

Patrice Francois, PsyD  
26 Court Street  
Brooklyn, NY 11242  
(347)693-6540  
docopatricestrofranco@gmail.com  
BCBS; young adults, depression, anxiety, cultural issues, relationship issues

Elizabeth Goodman, LCSW  
26 Court Street  
Brooklyn, NY 11242  
(917)747-5871  
elizabethgoodmanlcsw.com  
Cigna; sliding scale; depression, anxiety, OCD, adult students, life transitions, professional development, relationships.

Katherine M. Hatch, LCSW  
68 Jay Street, Suite 507  
Brooklyn, NY 11210  
(917)538-3639  
No insurance accepted, sliding scale available; Mood disorders, family conflict, domestic abuse, relationship issues, trauma

Kelli Knabe, LCSW-R  
32 Court Street  
Brooklyn, NY 11201  
(212)726-1924  
Out of network for most insurances (including GHI); sliding scale; LGBTQ, gender identity, couples, late adolescence, adults, depression, anxiety, ADHD, cutting/picking/hair pulling, life transitions, relationship difficulties, career exploration

Rebecca Kronman, LCSW  
26 Court Street, Suite 1001  
Brooklyn, NY 11242  
(917)715-3809  
Rebeccakronman.com  
SVA Cigna; out of network and sends in claims; Anxiety, depression, artists, mindfulness for creatives, student pressures.

Margaret Patterson, PhD  
103 State Street  
Brooklyn, NY 11201  
(718)834-0076  
No insurance accepted; sliding scale available; Relationship issues, trauma, anxiety, depression

Jeremy Schwartz, LCSW  
10 Plaza Street East, #1C  
Brooklyn, NY 11238  
(917)512-1274  
parkslopetherapy.net  
SVA Cigna; young adults/college students, trauma/PTSD, depression, anxiety, eating disorders, substance abuse, LGBTQ issues, support around gender transition, trained in DBT.
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Insurance and Specialties</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shirin N. Ali, MD</td>
<td>9 W. 10th Street New York, NY 10011</td>
<td>(646)706-7011</td>
<td>Aetna; student fee $150/60 minutes; Psychotherapy and medication management</td>
</tr>
<tr>
<td>Cynthia Barnes, MD</td>
<td>352 7th Avenue New York, NY 10001</td>
<td>(212)563-1112</td>
<td>Aetna, Cigna, BC/BS, Medicaid, Medicare, United, Oxford, HIP, Multiplan, PHCS, MHN, Pacificare, POMCO, ValueOptions, 1199</td>
</tr>
<tr>
<td>Rona Bernadette, MD</td>
<td>425 W. 23rd Street, Suite 1B New York, NY 10011</td>
<td>(646)592-1112</td>
<td>BCBS, Oxford, UnitedHealthcare; mood disorders, anxiety;</td>
</tr>
<tr>
<td>Lanre Dokun, MD</td>
<td>276 Fifth Avenue Suite 507 New York, NY 10001</td>
<td>(929)399-7120</td>
<td>SVA Cigna, as well as other out of network benefits; will submit claims for patient. Patient only responsible for coinsurance. Therapy and med management; Anxiety, depression, ADD/ADHD, OCD, sexual abuse, LGBTQ;</td>
</tr>
<tr>
<td>Gauri Khurana, MD, MPH</td>
<td>26 W. 9th Street, Suite 3D New York, NY 10011</td>
<td>(917)345-9831</td>
<td>SVA Cigna; sliding scale available; mood disorders, anxiety, ADHD</td>
</tr>
<tr>
<td>Amy Mednick, MD</td>
<td>301 E. 21st Street New York, NY 10010</td>
<td>(347)480-8608</td>
<td>Cigna; appointments available M-T, Th-F. Must be in weekly psychotherapy in order to be treated with meds</td>
</tr>
<tr>
<td>Danny Michaeli, MD</td>
<td>113 University Place, Suite 1010 New York, NY 10003</td>
<td>(212)674-2447</td>
<td>No insurance accepted; $200/session, LGBTQ, family therapy</td>
</tr>
<tr>
<td>William Nguyen, MD</td>
<td>5 W. 86th Street, #9C New York, NY 10024</td>
<td>(646)954-2400</td>
<td>Aetna, Cigna; Med management and therapy; anxiety, adjustment, ADHD, mood disorders, college students, international students. Speaks Vietnamese.</td>
</tr>
<tr>
<td>Scott Palyo, MD</td>
<td>101 Fifth Avenue, Suite 10D New York, NY 10003</td>
<td>(917)715-6397</td>
<td>No insurance accepted; anxiety, depression, trauma, ADHD</td>
</tr>
<tr>
<td>Leonard Rubin, MD</td>
<td>200 West 57th Street New York, NY 10019</td>
<td>(212)245-5748</td>
<td>Aetna, BC/BS, Cigna, Medicare, United, Oxford, GHI, Multiplan, PHCS, MHN, 1199, Health Republic, Oscar, Magnacare, Affinity</td>
</tr>
<tr>
<td>Gregory Sayer, MD</td>
<td>38 Gramercy Park North New York, NY 10010</td>
<td>(929)243-4843</td>
<td>No insurance accepted; Med management and therapy; insomnia, panic disorder, trauma, anxiety, OCD, ADHD;</td>
</tr>
<tr>
<td>Sherwin Shadianloo, MD</td>
<td>25 W. 9th Street, Suite 6B New York, NY 10011</td>
<td>(212)253-0030</td>
<td>Out of network benefits; Med management and therapy; LGBT, mental health of sexual minorities including gender variant and transgender individuals and their families, ADHD, anxiety, mood disorders, trauma, family issues, eating disorders.</td>
</tr>
<tr>
<td>Jose L. Villaluz, MD</td>
<td>10 E. 82nd Street, Suite 1F New York, NY 10128</td>
<td>(212)873-0585</td>
<td>Aetna, Cigna, Oxford, UnitedHealthcare; ADHD, anxiety, mood disorders, psychosis, adjustment disorders</td>
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